



Al Fatiha (The Opening)

- 1. In the name of Allah, Most Gracious,
Most Merciful*
- 2. Praise be to Allah, The Cherisher
and Sustainer of the Worlds*
- 3. Most Gracious, Most Merciful*
- 4. Master of the Day of Judgement*
- 5. Thee do we worship, And Thine aid we
seek*
- 6. Show us the straight way*
- 7. The way of those on whom Thou hast
bestowed Thy Grace, Those whose
(portion) Is not wrath, And who go not
astray.*

(Qur'an Chapter 1, Verses 1-7)

From The Holy Qur'an
Text, Translation and Commentary
By 'Abdullah Yusuf 'Ali
New Revised Edition



An Najm

July 2004
Jamadul Awwal 1425 AH
Number 2

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In This Issue...

A Word From the President.....	2
Editorial.....	3
Present Office Bearers.....	4
A Role of Honour.....	5
Recent Functions & Events.....	7
Meeting with WMO Representative.....	14
Did You Know...?.....	14
Website.....	15
Education & Community Affairs Committee.....	17
Media & Communications Committee.....	21
Ladies Committee.....	23
Riddles.....	23
Sports Committee.....	24
Volunteers Committee.....	25
Profile: Zubeidabai Yakub.....	26
Halima.....	29
Our Trip to NMJ – USA Festival 2002.....	30
Is Your Glass Half Full or Half Empty?.....	33
Islam and Youth.....	36
Allah Subhana Wa Ta'la is the Greatest.....	37
An Interview.....	38
Black Seed & Honey as Medicine.....	41
The Day When Everything Went Wrong.....	43
Cultural Impact on Islam.....	44
I am a Canadian.....	45
Ethical Values in Islam.....	46
Why is the Family so Important to Muslims?.....	47
Health & Household Tips.....	50
Recipe.....	50
Good For A Laugh.....	51
Islamic Word Search.....	52

A Word From the President



Bismillahir Rahmanir Raheem

All praise and thanks to Allah for having guided us to yet another publication of An Najm, a rising star with a voice that echo's an eventful period since getting established as a Jamat. These have been exciting times when we have gone above and beyond establishing an effective infrastructure in the form of various sub-committees to delivering valuable services for our members be they religious, social, cultural, educational, settlement, sports or recreational. Our children have benefited immensely from the various activities with all those participating as the real winners. Alhamdulillah, we have organized a function a month. The success of the various programs and activities is indicative of the dedication and sacrifices made by many, who are committed to serving the community for the sake of Allah (s.w.t). This publication further epitomizes what is good about our Jamat and makes this organization stand out.

As we move ahead, efforts are under way to realize our vision of establishing a prayer hall and a community center for our people. As a new and growing Jamat, we also need to do more as Muslims, especially with respect to the larger Canadian community. We have to lend our voices and contribute to the ongoing important domestic and social justice issues. We need to assert and affirm our cultural, social and political membership within the larger Canadian community and be recognized as more than marginal actors in the unfolding drama of Western civilization. As we become more established with a sound vision, we shall Inshallah play a positive role in this new country of ours and leave it a better place than what we found.

My appreciation to all those who have made a contribution for a positive outcome. I would like to take this opportunity to thank wholeheartedly all those who have contributed in whatever capacity and made tireless efforts to serve the Jamat. Jazakallahu Khairan! May Allah (swt) grant them the best of this world and the hereafter. Aameen. ■

Abdulhamid Kathiyani

President

Nasserpuria Memon Jamat – Canada

Editorial

Bismillahir Rahmanir Raheem

All praise is due to Allah (S.W.T.) whose mercy encompasses the entire universe, whose grace is infinite and whose treasures are boundless.



It gives me great pride and pleasure once again to present to the Jamat the Second Issue of our magazine, An Najm. The first issue – The Souvenir Edition – published 2 years ago had reached all corners of the world where Nasserpuria Memons are residing and was well received and read, judging by the number of congratulatory and complimentary messages we had received. The Editorial Board acknowledges the responses and appreciates the encouraging feedback.

It is now just over 2 years since the Jamat was registered and Alhamdulillah it is very active in many fields. Going by the number of programs and events held over the past few years, the members are getting to meet each other at least once a month. The best part is that the members themselves look forward to Jamat's functions every month. The children in particular enjoy the most and they are generally the driving force and a motivating factor for parents to attend the Jamat's gatherings. The parents know this and understand their responsibilities of inculcating our culture to the next generation. Where else would our children go to learn our treasured heritage, our historical traditions and our ancestral culture?

Organizing variety of programs every month is by no means an easy task. But thanks to the dedicated and hard working members of the Managing Committee and the various other committees that this has been possible. The support and encouragement from the members has also been enormous. They are the source of inspiration and it is for them - young and old, kids and youth – that the functions continue to be held regularly. The present officials have not let us down in that area and to them we say thank you for the excellent job you are doing – keep it up.

It is worth mentioning here the caliber of officials required to serve the Jamat from time to time. One cannot over emphasize the fact that the persons elected to hold the various offices to run the affairs of the Jamat diligently have to be responsible, credible and above all trustworthy. These officers, when elected, are entrusted with the powers and authorities (within prescribed limits) to use and manage the Jamat's finances and assets for the sole purpose of carrying out Jamat's affairs. At the end of their term of office, they present to the Jamat their reports with financial statements showing transactions of income and expenses for that period. The assets and documents held by them in trust are returned to the Jamat which are then handed over to the new officials, in trust again, for the next term. And so the cycle goes on. However, a question arises here. If this procedure is not followed in its entirety, for example, certain documents and/or funds are not returned to the Jamat by the outgoing officer/s for reasons NOT relevant to the Jamat per se, what should be the recourse? Allah (S.W.T.) forbids, but if that situation does arise, the members should join hands and take instant steps to resolve the problem immediately before it becomes widespread. Whatever the motives of the individual/s concerned, the Jamat's image should always be upheld – it should not be taken for ransom by anyone. The Jamat, after all, is our 'Mai Baap'.

Finally, the Editorial Board expresses its sincere gratitude to all the writers for their interesting articles; to all the members for their continued support and to all the sponsors and advertisers without whose generous contributions the publication of An Najm would not have been possible. Jazakallah.■

Abdulkader Yakub - Editor in Chief

NASSERPURIA MEMON JAMAT – CANADA

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Hon. Secretary	Mohamed Zahir Salyani
Hon. Treasurer	Mohamed Kadernani
Committee Member	Amirali Sokwalla

HON. AUDITOR	Mohamed Goralwalla
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Nafisa Parpia

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Zubair Bagha
Mohamed Goralwalla
Mohamed Sidik Noorani
Ghulamhabib Yakub
Shabbir Bagha

A Role of Honour

The Managing Committee of the Jamat has sought opportunities to recognize and appreciate the contribution made by our members. This has been acknowledged in many different ways during the past few years. The Managing Committee once again wishes to thank all those who have contributed to the Jamat in whatever capacity. May Allah (S.W.T.) reward them immensely. The Nasserpuria Memon Jamat - Canada experienced a very turbulent period during the early stages of its formation. During those difficult times the unwavering support and confidence shown by a few members towards the ideals of the Jamat, their patience and commitment made the difference in the Jamat existing or not. Recognizing this very important and crucial role played at that time, the Managing Committee wishes to honour Elders *Kulsumbai Noorani*, *Zubeidabai Yakub*, *Khairunbai Hathiyani* and *Mohamed Bashir Hathiyani* for their valuable contribution and continued support for the Jamat. May Allah (S.W.T.) bless them with all the good in this world and the hereafter. Aameen. ■



Kulsumbai Noorani



Zubeidabai Yakub



Khairunbai Hathiyani



Mohamed Bashir Hathiyani

Heartiest Mubarak & Best Wishes to
NASSERPURIA MEMON JAMAT – CANADA

On the Occasion of 2004 Summer Festival

AND

Publication of Second Issue of

An Najm

From

FAMILY OF

Dr. & Mrs. Mohamed Hussein Mithoowani

Strathroy, Ontario

Tel: (519)-245-1072

With Compliments & Best Wishes to
NASSERPURIA MEMON JAMAT - CANADA

On the Occasion of 2004 Summer Festival

AND

Publication of Second Issue of

An Najm

From

FAMILY OF

Late Abdulrehman Haji Khamisa Bagha

RECENT FUNCTIONS & EVENTS

Compiled By: Brother Mohamed Zahir Salyani & Sister Mariam Salyani

The Jamat organized various programs since the last issue of An-Najm in August 2002 to the date of this publication, and Alhamdulillah, all have been a great success with majority attendance and participation from members. The following are the highlights of events and functions:

2-DAY FESTIVAL - AUGUST 3 & 4, 2002

This grand event was held to commemorate the registration of the Jamat with the Government of Canada. There was a majority turnout of Canadian members as well as visitors from the United States, England and Kenya.

Day 1: August 3, 2002

The morning began with a Volleyball Tournament between NMJ - Canada and NMJ - USA at the Mid-Scarborough Community Recreational Center, where the USA team emerged the winner. In the afternoon, everyone gathered at Pleasant View Community Centre. At the time of registration, there was a Cake and Banner Competition taking place. The program began with Tilawat and Translation from the Holy Quran followed by a Cutchhi song from our Heritage Class students. Gifts were presented to the young graduates as well as their teachers, Sr. Zeenat Hathyani, Sr. Jamila Kadernani and Sr. Nargis Yakub.



Cutchhi Song By Heritage Class Students

A Quiz competition was held between Ladies and Gents followed by a Cutchhi nazam presented by Br. Mohamed Zahir Salyani after which the President of NMJ-Canada, Br. Abdulhamid Hathyani formally welcomed the members and guests to the Festival and gave a short speech. At this point there was a launching ceremony of NMJ-Canada caps and the first cap was presented to the

Chairman of NMJ-USA, Br. Hassan Musani. Then came the launching of the first issue of NMJ-Canada's own magazine - An-Najm - presented by the Editor in Chief, Br. Abdulkader Yakub, to our very first immigrant to Canada from Mombasa, Dr. Mohamed Hussein Mithoowani. Gifts were presented to the winners of the Cake and Banner competition. An auction was held and the winning cake was auctioned off together with some other items. A replica of the floating "Mashallah" Trophy was also presented by Br. Abdulmajid Hathyani to the NMJ - USA team for winning the Volleyball Tournament. As the guests were enjoying the programs, snacks were served followed by dinner after which loot bags were presented to all the kids. The last item of the day was a hilarious Cutchhi stage play called "Duniya Char Din Ji" performed by our youth, Br. Ashiq Mohamed Bagha, Br. Abu Baker Goralwalla, Br. Shah-e-Noor Yakub and Br. Ahmed Goralwalla.



Day 2: August 4, 2002

Even though everyone was tired due to the hectic program the previous day, they all showed up on time in the morning at the Abu Bakr Mosque for the trip to Niagara Falls. The majority of ladies went by bus whilst the rest joined together with the members who had vans. In the bus, the ladies had a lot of fun chatting and teasing each other as well as playing Antakshari, singing nazams and eating the Mombasa delicacy "Buyu" and "Mattar". The first stop was at the Floral Clock where the volunteers had set up the tables for snacks and tea.



After relaxing and spending some time there, the group was on its way again, passing the Falls towards the Picnic Site where volunteers were busy preparing the Bar-B-Que. The gents played "Kho" and soccer and the ladies enjoyed themselves playing a variety of games.



Gents Playing "Kho"



After lunch, everyone enjoyed themselves until tea time after which it was time to head back home as it had started getting dark. The journey home was as lively as before and the memory of the togetherness that was felt was going to be difficult to forget.

FUNGO & SPEECH COMPETITION - OCTOBER 19, 2002

Before the Holy month of Ramadhan, a Fungo program was organized at the Party Room at 39 Kimbrcroft Court. After the Tilawat of the Holy Quran, there was a Speech Competition held for our youth entitled "The Role of The Muslim Youth in the Canadian Society". The winner of this event, Sr. Azba Hathyani was awarded the floating "Yakub Haji Ebrahim Memorial Trophy" donated by the family of Br. Abdulkader Yakub. Trophies were also given to the rest of the participants after which a Cutchhi nazam was presented by Br. Mohamed Zahir Salyani. After dinner a relaxed atmosphere arose when riddles were thrown out at each other whilst dessert was served.



**Sr. Zubeidabai Yakub (on the left) Awarding the
Winning Trophy to Sr. Azba Hathyani**

IFTAR & QUIRAT COMPETITION - NOVEMBER 24, 2002

An Iftar program was held at Pleasant View Community Centre, during the month of Ramadhan. After the Quran recitation, a lecture was given on the subject "How we can be Good Muslims". The annual Quirat Competition was held after which it was time to break the fast. The winner of the Quirat Competition, Br. Ahmed Goralwalla was awarded the floating "Iqra Trophy" donated by the Hathyani Family. The rest

of the participants were also presented with trophies following which dinner was served.

***FOOD DRIVE –
NOVEMBER 30, 2002***

The members of the Volunteers Committee met at the Islamic Foundation Mosque and after Zuhr prayers, they distributed the foodstuff collected during the Jamat Iftar function, to the Muslim Food Bank, where they also provided their services and were given a tour of the food bank by Major Abbas. This was very educational especially for the youth.

***IDD-UL-FITR –
DECEMBER 14, 2002***

The Idd function was held at Chin Chyn Restaurant. After the Tilawat, a Cutchhi nazam regarding Idd was presented by Br. Mohamed Zahir Salyani. Gifts were then awarded to the participants of the Essay and Art Competition.



Our Children

Chinese food was served for dinner after which the kids received their Idd presents and candies donated by the families of Br. Abdulkader Yakub and Late Abdulrazak Husein Salyani.

***ELECTIONS –
JANUARY 11, 2003***

A farewell ceremony for the Hujjajis, Br. Riaz Bagha, his wife and son was held at Pleasant View Community Centre, after which a Cutchhi nazam on Hajj was presented by Br. Mohamed Zahir Salyani. The General Body Meeting and Elections then took place. The members present decided that the present Managing Committee should continue

for another six months and the next elections would then be held in June 2003.



***IDD-UL-ADHA –
FEBRUARY 15, 2003***

The Idd-ul-Adha function was held at Shaheen Tikka & Kabab House. There was a Clown Show for the children, which brought huge smiles on their faces. After a delicious dinner, an auction was held and gifts were presented to the children.



Clown Show

***MUHARRAM -
MARCH 1, 2003***

The Muharram function was held at Pleasant View Community Centre where we had a potluck dinner. An Islamic Vaez in Cutchhi was presented by Br. Mohamed Sabir Yakub, followed by an Islamic Workshop dealing with problems faced by Muslims in the new era and how to solve them. The second annual Islamic Calendar sponsored by Salyani Production was launched.

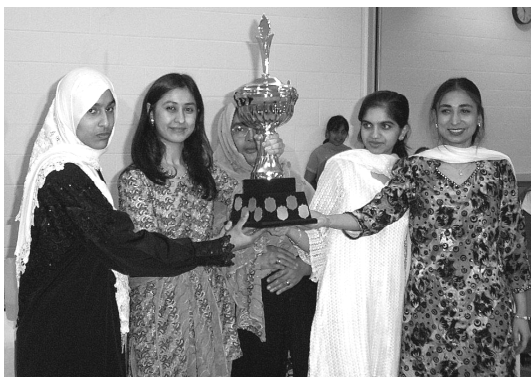
***INDOOR GAMES –
APRIL 12, 2003***

A general get-together was organized at Pleasant View Community Centre where there were indoor

games for children and adults. Snacks and tea were served.

**DEBATE -
MAY 10, 2003**

The Education and Community Affairs Committee organized a Debate, whose motion was "Immigrating to Canada has been a Mistake" The Gents team was proposing and the Ladies team was opposing the motion. The floating "Late Sherbanu Essak Haji Mohamed Education Floating Trophy", donated by the family of Br. Mohamed Kadernani, was presented to the Ladies team, who emerged the winners. The Media and Communications Committee launched a perpetual Namaz Timetable, sponsored by Salyani Production.



Ladies Team Receiving the Trophy

**CRICKET TOURNAMENT -
JUNE 15, 2003**

This was a historic month in sports for our Jamat in Canada. A Cricket team consisting entirely of our Jamat members entered a cricket tournament for the first time.



First NMJ - Canada Cricket Team

This tournament was organized by the ISSRA (Islamic Social Services & Resource Association). Our team did not win but we sure had a lot of fun.

**ELECTIONS -
JUNE 15, 2003**

The elections for the new Office Bearers were held at the Pleasant View Community Centre. The existing officers were unanimously elected for the second term of office.

**SOCCER TOURNAMENT -
AUGUST 16, 2003**

A Soccer team was formed for the first time under the banner of NMJ – Canada and the first match was against the all star team of Islamic Soccer League.



Our Players in Action

Although the team did not win, they put up a spirited and entertaining performance, which reminded some players of their days in Memon Villa (Mombasa). With such enthusiasts playing as a family we hope and pray to see a Sports Club of our own here in Canada, Inshallah.



First NMJ - Canada Soccer Team

**PICNIC -
AUGUST 17, 2003**

A fun-filled picnic was held at Thompson's Park. As the Bar-b-Que was being prepared, everyone munched on snacks and the Education & Community Affairs Committee organized a Treasure Hunt between ladies and gents. The winners were the gents. This was followed by a delicious meal of chicken and burgers.



Vice-President, Habib Yakub, Preparing BBQ

After lunch the gents played their ever favorite game, Volleyball, while the seniors and ladies relaxed.



Master Chef, Abdulmajid Hathiyan, in Action



**INDOOR GAMES -
SEPTEMBER 21, 2003**

The Sports Committee organized a general get-together at Pleasant View Community Centre where there were games for children and adults. This was an evening of relaxation for all ages.

**FUNGO & QUIRAT COMPETITION -
OCTOBER 12, 2003**

The Jamat organized a Fungo function at Pleasant View Community Centre. The third annual Quirat Competition coordinated by the Education and Community Affairs Committee, was organized and the floating "Iqra Trophy" was presented to the overall winner Zaid Mohamed Sabir Yakub. A Cutchhi nazam was presented by Br. Mohamed Zahir Salyani after which was an Islamic lecture presented by the prominent Canadian scholar, Imam Abdul Hai Patel.



**Br. Mohamed Bashir Hathiyan (on the left)
Awarding the Iqra Trophy to Br. Zaid Yakub**

**IFTAR -
NOVEMBER 1, 2003**

The Jamat organized an Iftar Dinner in the Party Room at 39 Kimbrecroft Court.



A food drive was held and the Jamat collected non-perishable foods at the function and thereafter donated them to the food bank. Br. Mohamed Sabir Yakub presented a lecture to the members on "Ramadhan and its Virtues".

***IDD-UL-FITR -
NOVEMBER 30, 2003***

To celebrate Idd-ul-Fitr, the Jamat got together at the elegant Shahi Karahi Restaurant. The program began with the Quran recitation followed by a short speech by the President of the Jamat, after which Br. Mohamed Zahir Salyani presented a Cutchhi nazam, marking the end of Ramadhan and celebrating the day of Idd. This was followed by an auction, the proceeds of which would go towards the Mosque and Community Center fund. A delightful Indian buffet was then served, which was enjoyed by everyone and after which was the moment all the children had eagerly been waiting for. All the children were presented with two gifts each, which brought them lots of joy and excitement. The gifts were donated by the families of Br. Abdulkader Yakub and Late Abdulrazak Hussein Salyani.



***IDD-UL-ADHA -
FEBRUARY 7, 2004***

To celebrate the Idd-ul-Adha, the Jamat organized a dinner at Pleasant View Community Centre. There were various games and gifts for the children. An auction was held and tasty Chinese food was served.

***SPEECH COMPETITION -
MARCH 13, 2004***

Once again the Education and Community Affairs Committee organized a "Speech Competition" held

at Pleasant View Community Centre. The attendance of members was excellent. After the Quran recitation, the tough competition began and the topic this time was "Computer: Love It Or Hate It". It was encouraging to see the potential our youth have which made their parents very proud. The winner of the floating "Yakub Haji Ebrahim Memorial Trophy" was Sr. Azba Hathiyan again.



All the participants were awarded with trophies which were donated by the family of Br. Abdulkader Yakub. The presentations for the Essay and Art Competition were also made. Sr. Firdous Noorani presented the annual Islamic Calendar for the year 1425 A.H. to Sr. Halima Goralwalla. The calendar was sponsored by Salyani Production and published by the Media & Communications Committee.



Br. Abdulkader Yakub (on the right) Awarding the Trophy to Br. Shah-e-Noor Yakub

***INDOOR GAMES -
APRIL 17, 2004***

A general get-together was organized at Pleasant View Community Centre. The function started with a recitation of Surah Yasin followed by prayers for all our departed brethren. After dinner everyone enjoyed themselves playing various indoor games.



With Compliments & Best Wishes to

NASSERPURIA MEMON JAMAT – CANADA

On Publication of the Second Issue of

An Najm

From

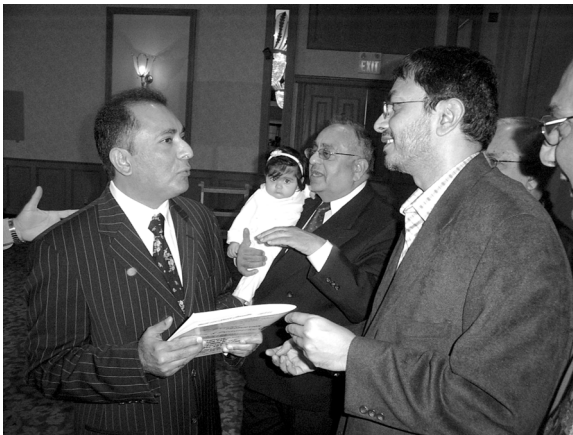
HATHIYANI FAMILY

MEETING WITH WMO REPRESENTATIVE

Compiled By: Brother Mohamed Zahir Salyani

The Chairman of Memon Association of Canada, Br. Yakub Dawood, had invited our President to attend their dinner function and to meet Br. Shoaib Kothawala, who is the North American Representative of World Memon Organization (WMO). Five officials of our Jamat, Br. Abdulhamid Hathiyan (President), Br. Mohamed Zahir Salyani (Hon. Secretary), Br. Abdulkader Yakub (Chairman-Media and Communications), Br. Abdulrahim Goralwalla (Chairman-Education and Community Affairs) and Br. Zulfikar Hathiyan (Chairman-Sports), attended their function which was held on April 2, 2004 at the Woodbine Banquet Hall.

The Chief Guest, Br. Shoaib Kothawala gave some details in regards to WMO, and explained what have been their achievements, their aims and ambitions and what we can do to help our fellow Memons worldwide. Our Jamat was introduced to Br. Shoaib and our President got a chance to explain about our Jamat and our objectives as well. We also presented him with a copy of the Souvenir Edition of An-Najm. ■



**Our President, Br. Abdulhamid Hathiyan,
presenting a copy of An Najm to
Br. Shoaib Kothawala**



**Br. Shoaib Kothawala (4th from left), with some of
our Jamat officials**

DID YOU KNOW...?

- ❖ The first recorded Islamic presence in Canada was the 1871 census which found 13 Muslims among the population.
- ❖ The first Canadian Mosque was constructed in Edmonton in 1938 when there were only about 700 Muslims in the country.
- ❖ In the next 30 years, 3 million more people are expected to move to the Greater Toronto Area.
- ❖ Canada's population on January 1, 2004 was 31,752,842, up 276,843 from a year earlier. Ontario accounts for 12,293,669 (roughly 40%) of the total. Muslim population accounts for about 2% (approximately 600,000) of the total Canadian population.
- ❖ Of Canada's 13 provinces and territories, only five have populations that exceed a million: Ontario (12.3 million), Quebec (7.5 million), British Columbia (4.1 million), Alberta (3.2 million) and Manitoba (1.2 million).

Nasserpuria Memon Jamat - Canada

Lots to Know

Lots to Do

Lots to See

Lots to Learn

NMJ HISTORY AN NAJM WOMEN'S WORLD

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Webmaster: Habib Yakub

Heartiest Mubarak & Best Wishes to
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On Publication of the Second Issue of

An Najm

From

Family of Late Mohamed Amin Ebrahim Varvani

EDUCATION & COMMUNITY AFFAIRS COMMITTEE

Compiled By: Brother Abdulrahim Goralwalla – Chairman

It is a great privilege and honor for me to chair the Education and Community Affairs Committee for a 2nd consecutive term of 2 years. The pride and joy has maneuvered me to pen down our successful achievements. I will be failing in my duty if I do not thank my seven committee members for their cooperation, support and assistance. Their names appear on Page 4 under Present Office Bearers. It is a pleasure to have two ladies and for the first time two youths amongst us.

Our New Immigrants

Some members of the committee along with some managing committee members, including the President and myself welcomed the following immigrants from Kenya and rendered whatever assistance we could give:

Br. Issak Varvani and Family
Br. Moledina Varvani and Family
Br. Munir Kasmani and Family
Br. Sadiq Admani and Family
Br. Shabbir Bagha and Family
Elder Mohamed Hussein Noorani
Sr. Zainab Salyani

Zakat and Welfare Assistance

We thank our brothers for giving the Jamat their Zakat money. We have designed a format for any member who would like to benefit from the Welfare Fund. A new process has been set up to help those in need of financial assistance. This has been done with respect to confidentiality and dignity of the applicant.

Speech Competition

There were 8 participants who showed their talent at the Speech Competition held at the Party Hall, 39 Kimbrcroft Court, Scarborough, on Saturday October 19, 2002:

1. Abdul Azim Kasmani
2. Abid Sokwalla
3. Ahmed Goralwalla

4. Azba Hathiyan
5. Ebrahim Goralwalla
6. Nabil Hathiyan
7. Shaheena Yakub
8. Siraj Mithoowani

The above speakers spoke on “The Role of Muslim Youth in Canadian Society.” We were honoured to have Sr. Lutfun Salyani from Kenya as one of our three judges. The other two judges were Br. Saidina Bagha and Br. Munir Kasmani. They declared Azba Hathiyan as the best speaker followed by Siraj Mithoowani and Ahmed Goralwalla. The “Late Yakub Haji Ebrahim Memorial Trophy” - a floating trophy - and other beautiful shield trophies were donated to the Jamat by Br. Abdulkader Yakub and Family. We appreciate their generosity.

Essay Competition

There were 22 participants in this competition, which was held at the end of November/early December, 2002. At this competition we had pinned posters of all universities of Ontario and displayed catalogues of these universities for our students. There were four categories with the following topics:

- A) University and College Students
Topic: Challenges facing Muslims in North America in the new Millennium
- B) High School Students (Grade 9-12)
Topic: The profession I would like to pursue
- C) Upper Elementary Students (Grade 5-8)
Topic: My most memorable experience
- D) Lower Elementary Students (Grade 1-4)
Topic: Colour any Islamic Artwork

Sr. Hafiza Bagha and Sr. Rubina Esmail were the judges and declared the following winners:

- | | |
|------------|-----------------------|
| Category A | Ashique Mohamed Bagha |
| Category B | Ebrahim Goralwalla |
| Category C | Azba Hathiyan |

Category D Aliya Esmail, Maria Kasmani,
Madiha Hathyani

The winners were presented with religious books and trophies kindly donated by an anonymous donor. We thank them for their generosity.

Seniors Club

- **INAUGURATION:** The club was inaugurated for seniors of our Jamat who are 55 years of age and above. We have about 15 members who have met four times since the inception of the club. On April 6, 2003 there was a get together lunch at the Hathyani residence, where Elder Mohamed Bashir Hathyani assisted by Sr. Kulsumbai Noorani and Sr. Khatijabai Sokwalla were nominated convenors.
- **LECTURE MEETING:** On September 28, 2003 the seniors found themselves at Br. Abdulrahim Goralwalla's residence for a potluck dinner and a talk by Brother Zainul Abedeen. He lectured on 'Ramadhan Fasts', which was quite interesting and informative. The seniors were each given an informative book, "A Guide to Programs and Services for Seniors in Ontario", published by the Ontario Seniors' Secretariat of the Ministry of Citizenship.
- **DISCUSSION GROUP:** The seniors once again met at Br. Mohamed Sidik Noorani's house on March 6, 2004. Some of our youth who are working on the history booklet had the opportunity to discuss with the seniors about the migration of Memons from India to East Africa, their trade, dresses, culture, marriages etc. There is a Russian saying, "Variety is a spice of life" and that's what the dinner was. The seniors helped themselves to delicious variety of dishes provided by the family of Br. Mohamed Sidik Noorani. The seniors were each given a copy of the booklet "Retiring Abroad" issued by the Ministry of Citizenship.
- **3-DAY TRIP:** In the last week of May 2004, some of the seniors went on a 3-day outing to Ottawa and Montreal. The group included Elders Mohamed Bashir & Khairunbai Hathyani, Abdulkader & Zubeidabai Yakub, Abdulrahim & Halimabai Goralwalla and Kulsumbai Noorani. They had a very enjoyable

time visiting places of interest including the Ottawa Muslim Association Mosque, Parliament Buildings, Ottawa Canal, Tulips Display and Ottawa Shipyard. And in Montreal, the group visited the Old Montreal, night view of the city from Mount Royal, Port of Montreal and the world famous Montreal Olympic Complex which included the Insectorium, the Japanese Park, the Chinese Park and a scenic train ride to Botanical Gardens. This was a historic trip as it was the first time that such a trip was organized for our seniors of the Jamat.



I say 'Bravo' to the seniors for organizing and actively participating in the above-mentioned interesting events and programs.

Students/Youth Union

The committee decided that it was time to find out what the youth had to offer to the Jamat and Canada as a whole. How they can be given an opportunity to be useful citizens, responsible persons and future leaders of the Jamat. The youth should be given an opportunity in decision-making; therefore the committee incorporated two

youths, one of them being a secretary for our committee. We have decided to gather all the youth from Grade 7 to 12 and those from universities and colleges to form a Youth Club. Sr. Mariam Salyani and Sr. Shahista Parpia are working towards the formation of this club. Soon there will be a youth gathering where they will elect their own office bearers. This club will consist of the youth, run by the youth, for the youth.

Involve Youth Workshop

This workshop was organized by the Laid-Law foundation on Wednesday, April 21, 2004 at the Civic Centre. There were 5 youth officers and leaders on the panel. The discussion was centered on the involvement of youth (from schools and universities) in our society, giving them an opportunity to participate in various activities like decision making, youth-adult collaborations and developing an understanding of organizational support. Our President, Br. Abdulhamid Hathiyan and I attended the workshop, which was very educative and interesting. Inshallah, the committee will soon embark in organizing "Involve Youth Workshop."

Burial Committee

The names of the members of this committee appear on Page 4 under Present Office Bearers. Inshallah lectures and training programs will be arranged soon. A Funeral Fund has been setup for this purpose.

Debate

"Immigrating to Canada has been a Mistake." This was an interesting debate topic on May 10, 2003 at the Pleasant View Community Centre. Opposing the motion was the ladies' team consisting of Shaheen Bagha, Rubina Kasmani, Azba Hathiyan and Naeela Bagha. Proposing the motion were Shabbir Bagha, Abubaker Goralwalla, Zulfikar Hathiyan and Zaheer Kasmani. Br. Mohamed Kadernani chaired the debate very well. The judges, Br. Asif Salyani, Sr. Hafiza Bagha and Sr. Khatijabai Sokwalla, gave their judgment in favor of the opposing ladies' team. All the participants were given trophies donated by Sr. Jamila and Br. Mohamed Kadernani. On behalf of the committee I sincerely thank the donors, the judges and the participants.

Treasure Hunt

The committee organized an adventurous treasure hunt during the picnic at Thompson's Park in Scarborough on August 17, 2003. Gents and ladies made their teams; the winners were the gents who were presented with T Shirts.

Quirat Competition

A record number of 28 boys and girls took part in the Quirat competition on October 12, 2003. It was an honor to have Sheikh Abdulhai Patel, a renowned Muslim scholar as one of our judges. The other two were Br. Mohamed Sabir Yakub and Sr. Shazma Kadernani. Hafiz Shah-e-Noor Yakub presented his beautiful performance of reciting passages from the Holy Quran in different tones, Mashallah. The trophies were donated by the Hathiyan family. The best recitation was given by Master Zahid Yakub from Grade 5 who was presented with a floating trophy. All the participants impressed the judges with their exceptional performance.

Art and Essay Competition

Dr. Abdulkader Parpia, Sr. Nargis Yakub and Sr. Rizwana Kadernani were the judges for this competition which comprised of 5 categories:

Category A	University/College Students
Category B	High School Students
Category C	Upper Primary (Grade 5-8)
Category D	Lower Primary (Grade 2-4)
Category E	Nursery (JK-Grade 1)

There were a total of 31 entries. This was an overwhelming response from our youth. An anonymous donor donated the plaques and religious books. These were presented to the following winners declared by the judges on March 13, 2004.

Category A	1 st Shaheen Bagha 2 nd Shahista Parpia
Category B	1 st Ahmed Goralwalla 2 nd Shaheena Yakub
Category C	1 st Aliya Esmail 2 nd Moeen Varvani
Category D	1 st Maria Kasmani & Tayba Hathiyan (Tie) 2 nd Hawa Noorani
Category E	1 st Hassan Bharadia

2nd Shaira Bagha & Faiqah
Bachani (Tie)

We extend our heartiest thanks to the three judges, the donor and the participants.

Speech Competition

All the following participants spoke with confidence and zeal on the topic, "Computer: Love It Or Hate It."

Abid Sokwalla – Grade 12

Ahmed Goralwalla – Grade 12

Aliya Esmail – Grade 5

Azba Hathyani – Grade 9

Bilal Bagha – Grade 7

Ebrahim Goralwalla – Grade 10

Junaid Varvani – Grade 5

Moeen Varvani – Grade 8

Mohamed Osman Noorani – Grade 8

Nabil Hathyani – Grade 7

Shaheena Yakub – Grade 10

Shah-e-Noor Yakub – Grade 12

The competition was held on March 13, 2004 at the Pleasant View Community Centre. Br. Shabbir Bagha, Sr. Farheen Bachani and Br. Saleh Parpia found the judging very difficult because all the speakers showed exceptional talent and outstanding speaking skills. The judges declared the best speaker as Azba Hathyani and the runner up Shah-e-Noor Yakub. Azba won the floating "Yakub Haji Ebrahim Memorial Trophy" for the second year running. All the participants were presented with trophies. We sincerely thank Br. Abdulkader Yakub and his family for once again donating the lovely trophies. I also thank Br. Mohamed Goralwalla for conducting this competition very well.

Heritage Classes

We take great pleasure in informing the members that the above weekly classes just ended after 7 weeks duration. Boys and girls between the age group of 5 to 10 years took advantage of these classes which were held at Hathyani residence. We had three ladies, Sr. Zeenat Hathyani, Sr. Parveez Varvani and Sr. Nazeema Hathyani, who conducted the classes. A one time admission fee

of \$10.00 was charged per student. The syllabus covered our faith and the importance of upholding Sunnah values, our mother tongue (Cutchhi language), Akhlaq (good manners and moral values), gaining a deeper understanding of the positive aspects of our culture, heritage and most important, be familiar with our historic background and origin. The students were provided with snacks and drinks during break time. They had the opportunity to listen to very interesting and exciting Akhanis (stories) and to go for picnics, accompanied by their teachers. On behalf of the committee I thank the Hathyani Family for providing the venue.



Heritage Class Students

Proposed Future Events

Before the end of this year we are planning to organize Quiz, Arts & Crafts Exhibition, Sports Day and Youth Camp Workshop in conjunction with Sports and Ladies Committees.

I end my report by thanking one person who has always supported me at all times. The guidance and assistance rendered by him has been tremendous. He is none other than our President, Br. Abdulhamid Hathyani. I pray to Allah (SWT) to give him and his wife, "Jaza-e-Kher" and to shower His choicest blessings on both of them, his parents, brothers and families. Aameen. I must not forget to thank the Jamat's Secretary, Br. Zahir Salyani for all his cooperation and assistance. To my committee members I say, "Ahsante Sana" for the 'fruitful' work done so far, Alhamdulillah.■

MEDIA & COMMUNICATIONS COMMITTEE

Compiled By: Abdulkader Yakub - Chairman

The Media & Communications Committee was formed early last year and Alhamdulillah it has been very active since then. Here is a summary of the items, which have been published by this Committee to date:

- **Perpetual Prayer Time Table** - This Namaz Time Table was published in May 2003 for residents of Toronto and vicinity.
- **Pocket Size Prayer Time Table** - This Time Table was also published in May 2003. It is a very handy and convenient credit card size time table to carry in the wallet.
- **Ramadhan Time Table** - We published this Time Table in October 2003 for residents of Toronto and vicinity.
- **Islamic Calendar** - The new Islamic Calendar for the year 1425 AH was published in March 2004.

Our thanks go to Salyani Production for having sponsored the above 4 publications.

- **Guide to Important Services in Toronto** - The Committee felt it necessary to publish a handy guide for our members – both residing here and new immigrants – providing contacts of various services available in Toronto. This guide was published in October 2003 and includes contact phone numbers of:
Government Assistance, Housing, Health and Dental Centres
Employment Resource Centres and Employment Agencies
Mosques and Islamic Centres, Recreation and Libraries
Travel & Transportation, Emergency Services and Other Miscellaneous Information
- **Constitution** - A printed copy of our Jamat's Constitution, in book form, was published in June 2004.
- **An Najm** - The Second Issue of our own magazine – An Najm – is published to coincide with our Summer Festival in July 2004. An Najm is our prestigious magazine which reaches every corner of the world where Nasserpuria Memons reside. This year, we had a competition for the cover design for which we received 4 entries. I take this opportunity to sincerely thank Sr. Mariam Salyani, Br. Shah-e-Noor Yakub, Br. Ebrahim Goralwalla and Br. Mohamed Zahir Salyani for having designed and submitted their entries. We appreciate their efforts wholeheartedly and hope for their continued interest and support in future.
- **History Booklet** - We are compiling the history and culture of Nasserpuria Memons into a booklet and Alhamdulillah five of our young sisters – Nargis Yakub, Azba Hathyani, Fatima Noorani, Shaheena Yakub and Shaheen Bagha - are working on this project. It is very heartening to note that these sisters have taken a keen interest in this mammoth task and we sincerely appreciate their hard work. Sr. Rubina Esmail is coordinating the project. We hope that the completion of this project will be a major historic achievement for our Jamat.

I wish to express my gratitude and thanks to all my committee members for their valuable assistance and continued support in carrying out all our deliberations successfully. Jazakallah. ■

With Compliments & Best Wishes to
NASSERPURIA MEMON JAMAT – CANADA
On the Occasion of 2004 Summer Festival

AND

Publication of Second Issue of

An Hajm

From

FAMILY OF LATE HAJI ABDULLA NOORANI

Heartiest Mubarak & Best Wishes to
NASSERPURIA MEMON JAMAT – CANADA
On the Occasion of 2004 Summer Festival

AND

Publication of Second Issue of

An Hajm

From

FAMILY OF LATE ESSAK KADERDINA KADERNANI

♣ Ladies Committee ♣

Compiled By: Sister Sabina Hathiyan – Chairperson

According to an ancient Indian saying, a woman is the home and the home is the basis of society. It is also said that when you empower women, you empower their children and in turn generations to come. Alhamdulillah, women of our Jamat have come a long way and play a broad role encompassing all walks of life. We are a vibrant group and it goes without saying that the Ladies Committee plays a very active role in planning and organizing all of Jamat's functions. We have actively been involved in a number of activities such as essay and art competition, debate, magazine, heritage classes, speech competition etc. Mention should be made that the winners of essay, debate and speech competitions were our young women. A group of our youth under the Media and Communications Committee is currently working on a project to compile and capture our socio-cultural history. This is a historic undertaking that these young women have taken it as a challenge that requires a lot of research, time and effort.

Education has been a big focus for our women. It is a great privilege to have higher education and Alhamdulillah once again this year we have new graduates and achievements. Congratulations to Fatima Mithoowani, Rubina Esmail and Rubina Kasmani, our new graduates, while Naseem Mithoowani who is pursuing a law degree has won a scholarship of \$23,000. With the number of our youth who have graduated or are currently in university on the rise, the future certainly looks bright. The biggest challenge now for our educated women is how to synthesize what has been valuable and timeless in our ancient traditions with what is good and valuable in modern thought. All that is modern is not good just as all that is old is neither all good nor all bad. What is important is how we are thinking and how we can safeguard our religion and our culture while facing modern day challenges.

This committee Inshallah plans to work with other sub-committees to organize a number of educational and sporting activities. A grand exhibition for arts and crafts, sporting activities and heritage classes are some of the activities we are looking forward to and will need support from all members. Last but not the least, my appreciation and thanks to members of my committee, namely, Nargis Yakub, Mariam Salyani, Jamila Kadernani, Khatijabai Sokwalla and all the volunteers for their sacrifices and tireless efforts. May Allah reward you all abundantly. Aameen. ■

R I D D L E S

Submitted By: Sister Zeenat Hathiyan

1. What treasure is saved only if spent thoroughly well and if it is lost never to be found again?
2. What prefers to remain naked? No matter how much you clothe it – it sooner or later throws away all its covers.
3. Among the extra-ordinary experiences man may boast about – which one is he somehow withheld from relating to anyone?
4. Which powerful weapon enables us to win all battles of life no matter how strenuous?
5. When is cowardice disguised as patience?
6. What nourishes the soul like food nourishes the body?
7. What is the most valuable possession in the whole wide world?
8. "Seeing is Believing!" True or False?
9. Which valuable asset proves more profitable when shared, and, the greater the number of shareholders the further the increase in profit?

Answers on Page 49



Compiled By: Brother Zulfikar Hathyani – Chairman

Alhamdulillah, 2003 has been a historic year for sports in our Jamat in Canada.

In July 2003, for the first time, a Cricket team, consisting entirely of our Jamat members, participated in a cricket tournament. Our Team was led by none other than Br. AbdulMajid Hathyani, a former Kenyan International and a prolific run getter whose achievements include a knock of 181 runs in a single inning. For some of the young players, it was the first time even playing on a cricket field. Although the team did not win it definitely showed that we have lots of talent in our youth.

On August 16, 2003, once again for the first time our soccer team played their first soccer match under the banner of NMJ Canada. The match was with the all-star team of Islamic Soccer League. Although the team lost the game, we put up a spirited and entertaining performance, which reminded some players of their days in Memon Villa, Mombasa.

After such a display of talent and enthusiasm shown by our youth and seniors during the soccer and cricket games, the sports committee organized outdoor sporting activities this spring season, at White Haven Park, where we had sporting activities such as soccer, cricket, cycling, walking etc taking place.

Once again for the first time a Table Tennis tournament has been organized during our summer festival.

Family get togethers, with indoor board games are also organized on a regular basis where the youth have been challenging the seniors in games like Carom, table tennis, draughts and various other board games.

With such enthusiasm and playing as a family we hope and pray that it would not be long before we could see a Sports Club of our own here in Canada, Inshallah. ■

Dieting Will Eliminate Fat. True or False?

False! Your body cannot discriminate between intentional calorie deprivation (as in a diet), and starvation. When you reduce your calorie intake, your body shifts into a protective mode by holding on to fat (an important energy source) and sacrificing muscle instead. Not only will this slow your metabolism down to a crawl, causing your initial weight loss to come to a gradual halt; it will also inevitably bring about a rebound effect. This rebound will make you even fatter than you were when your diet began. Thus the yo-yo effect that all dieters experience. To permanently lose the fat stores in your body, you've got to burn more calories and increase your metabolic rate (the rate at which your body burns fuel) with a **precise exercise routine, a balanced diet** and proper nutrient ratio adaptations (that means **eating the right stuff in reasonable quantities at regular intervals**).

VOLUNTEERS COMMITTEE

Compiled By: Brother Amirali Sokwalla – Chairman

The Volunteers Committee has been active since its inception. At each and every function the members of this committee have given their valuable services to our community. I thank all the members of this committee for their hard work and cooperation and in particular Brother Abdulmajid Hathyani who has been the backbone of this committee.

This year also our Jamat organized a food drive for the less fortunate in our society. The Jamat members donated generously and members of the committee delivered the food to the Muslim Welfare Society.

The names of Volunteers Committee members appear on Page 4 of this magazine under Present Office Bearers.

I would like to take this opportunity to thank all those brothers and sisters who are not in the Volunteers Committee but still give us a helping hand at the beginning and end of the Jamat's functions. Their help is very much appreciated. We pray to Allah (S.W.T.) to guide us and give us strength to serve our Jamat in the best way possible. Aameen. ■

Heartiest Mubarak to

NASSERPURIA MEMON JAMAT – CANADA

On Publication of the Second Edition of

An Najm

From

FAMILY OF

Late Haji Ebrahim Haji Mohamed Goralwalla

TORONTO NAIROBI MOMBASA LONDON

Profile:

Zubeidabai Yakub



Zubeidabai Harunani was born on February 3rd 1941, in Mombasa, Kenya. Her mother's name was Mariambai and her father's name was Haji Ahmed, popularly remembered as Madressawalla. Zubeidabai spent her childhood and youth with her 8 brothers and 3 sisters, some of who had been deprived of the ability to hear and speak normally. They communicated with each other by sign language, which they learnt by themselves. Zubeidabai was fortunate to accompany her parents for Hajj at the age of 5, and later started attending school. She received formal education up to Standard 7, after which she took the initiative to learn sewing and embroidery, mostly by using her own creativity and imagination. She became so good at it, that she managed to design and sew quite a few wedding gowns for her brothers' brides as well as most of her own formal wear. She also showed a lot of interest in cooking and mastered the art in no time. She created delicious recipes that she shared with several young women upon their requests.

When Zubeidabai was 17 years old, her father passed away, after which she was needed by her elder brothers to help them in their father's shop. They dealt in herbal remedies and Islamic books, and they needed her to assist with communicating with customers and suppliers. Zubeidabai's personality was such that she never refused to assist anyone; always tried her hand at everything that came by her way and never gave up easily. She also took great interest in the maintenance and general management of the family farms in Changamwe and Jomvu near Mombasa. She whole-heartedly supported her brothers in their business, which slowly inspired her to learn more about the herbal medications and books that they sold. To date, she is still consulted by many people for home remedies - "Pechoti", "Bhakhyo" and "Bache ji Niri". She has never

charged anyone for her services, but instead always asks them to remember her in their prayers. Zubeidabai lost her dear mother in January 1968.

In August 1968, Zubeidabai got married to Abdulkader Yakub, an insurance professional. He was at that time the Manager of the Life Insurance Division at Kenya National Assurance Company in Nairobi. He had just returned from England holding an ACII degree in insurance and had settled in Nairobi. Zubeidabai moved to Nairobi to start her new life with her husband. Soon after, they started receiving a continuous flow of visitors mainly from Mombasa, Kampala and England. Zubeidabai opened her home and her heart to all the guests and provided them with the best hospitality. She also had the opportunity to pursue another interest and hobby – gardening – and her speciality was all kinds of roses. She provided flowers and home grown fruits to anyone who requested them, at no charge. She also used to prepare garlands of flowers from her own garden for Hujjajees going for Hajj Pilgrimage from Nairobi. To this day, she loves plants as if they are part of her family.

Zubeidabai gave birth to her first child, Mariam in 1970, and in 1974, her son Ghulamhabib was born. A year later, she bore a third child, Farheen. A few months later, she went for Hajj with her husband, leaving the 3 children in Mombasa under the care of her brothers. When she returned from Hajj, one of her elder brothers, Shamshudin, who had not been blessed with a child at the time, requested Zubeidabai to give him Farheen to take care of for some time. It is only because of true love and affection for her brothers that Zubeidabai gave her 8-month old baby in the hands and care of her brother.

Throughout the 21 years that she spent in Nairobi, Zubeidabai and her husband were strong supporters of the Nairobi Memon Jamat and willingly volunteered in various activities. She was usually the first person to be approached for advice and support by both the Chairman of the Jamat as well as the Chairman of the Memon Sports Club. For a number of years, she was a member of the Home Affairs Committee of the Jamat and provided valuable service in that area, particularly in resolving domestic and family disputes; in some cases, even before the cases were reported to the Committee. She also did quite a bit of marriage counseling and managed to salvage a number of marriages from breaking up. All this was as a result of great respect and admiration she had within the community. She served on the Jamat's Burial Committee as well. Apart from the Jamat, she provided a great deal of assistance in terms of time, money and services to the Mama Fatuma Orphanage, to a number of senior women who needed to be driven to their medical appointments and to young brides who required some training on culinary skills. She was also quite an expert in Mehndi design and was therefore in high demand for her skills at the time of marriages. She did all this solely out of the goodness of her heart.

It was in August 1982, during the terrifying coup in Nairobi, that Zubeidabai went completely out of her way by providing full days's meals for almost 2 weeks to a number of families whose houses had been looted so badly that they weren't able to cook anything for their families. It must have been her kindness, loving nature and steadfast Faith in the Almighty Allah that her house was the only one in the neighborhood that was not attacked by the looters.

Having witnessed the terrible coup incident in Nairobi, Zubeidabai and her husband decided to look into the prospect of moving to a better place for the sake of their children's future. The opportunity to immigrate to Canada knocked on their door and they took it. However, there was one aspect of moving they dreaded to confront – taking their youngest daughter Farheen with them. To Zubeidabai, this meant breaking her dear brother's heart, as he had grown to love Farheen more than anyone. Nevertheless, it was their children's future they were focusing on, so after a lot of discussion

and persuasion, Farheen was reluctantly given back to her biological parents who then left Kenya in 1989 with their children to start a new life in Canada.

Like every immigrant family, Zubeidabai and her family went through a lot of struggles. At the age of 48, she worked in an assembly line of a gift-wrapping factory for a few months, and later on, she got a part-time job as a Lunchroom Supervisor at Timberbank Junior Public School. Her friendly nature and love for children made her successful in this job for 10 years.

In the year 1994, her eldest daughter Mariam got married to Mohamed Zahir Salyani of Mombasa who came to Toronto with his mother. Among the many guests who came from overseas to attend the wedding were Zubeidabai's sisters – Kulsumbai from England and Zainab from Mombasa – and also her brother Shamshudin from Mombasa. The wedding was held "Mombasa-style", complete with home made "Goondh Maani" at Zubeidabai's home. Once again, she was back to her old norm of serving guests from overseas. They all left after receiving the most memorable hospitality. Zahir stayed back and settled in Toronto with his wife Mariam. Their wedding was the first ever in the Jamat to be held in Toronto.

It was in 1996 when Zubeidabai's happy and easy-going life took a major twist. Just like any other week day, she was getting ready to go to work, when she felt an odd lump, which surprisingly was not painful at all, just below her right arm. She mentioned this to her husband before he left for work, and he suggested that she visit the family doctor before she went to school for her lunch duty. The doctor's clinic was only a block away from her home, so like any normal visit, she went there and the doctor carried out a number of tests including a biopsy. There was an urgent note in his voice as he instructed Zubeidabai to have further tests done by a specialist at the hospital. The specialist carried out another biopsy and immediately instructed Zubeidabai to prepare herself for a surgery the following day. This was very confusing for her and she asked the specialist what the surgery was for. It was a complete shock for her and her family when she was diagnosed with the leading cause of death in women ages 35

to 54 – Breast Cancer. Luckily, the cancer was still in its early stages and had not yet spread anywhere else in the body.

Life turned 180 degrees as Zubeidabai started her fight against cancer from the very next day when she was admitted in the hospital. The surgeon operated on her and removed the cancerous cells. She stayed in the hospital for a week, after which she had to go through a number of radiotherapy sessions and was prescribed medication to be taken daily for the rest of her life. Apart from that, she was instructed to go on a strict low-fat diet. All through her life, she had always been known for her rich and delicious cooking, but now she had to do the complete opposite. It takes a lot of patience and determination to follow a prescribed diet, especially for us Memons, who are very much used to eating the richest of foods! Hats off to Zubeidabai for fighting her temptations and sticking to the prescribed diet for 8 years now.

Two years later, Zubeidabai's youngest daughter Farheen got married to Ahmed Bachani who traveled to Toronto by himself for the marriage. A few months later, her son Ghulamhabib graduated with a Bachelor's Degree in Computer and Electrical Engineering from Ryerson University, after which the whole family traveled to Mombasa for his wedding.

It has been 6 wonderful years since I have personally and closely known Zubeidabai and have witnessed her going through a second surgery in 2002 that involved the complete removal of her right breast due to the cancer being detected again. I was not with her during her first surgery and could only imagine what it might have been like, but this second time, I saw this incredible woman fighting cancer at the age of 61, with the strength, courage and determination of a young soldier in the battlefield.

By relation, I am Zubeidabai's one and only daughter-in-law, but she has never treated me as less than her own daughters. She is a very loving and caring mother any one could ever have. Despite her own worries and anxieties about her health and well-being, she has never failed to support me in all my endeavors. She has played a major role in assisting me with adjusting to my

new life in Canada immediately after marriage. Had it not been for her encouragement and support, I would never have been able to obtain Canadian experience as well as further education here.

My mother-in-law (who I prefer to think of as my 2nd mother – well, I do call her “Mummy”) still pays regular visits to the doctors, attends to periodical check-ups and tests, remembers to take all her prescribed medications on time and strictly follows her low-fat and low-sugar diet to the tee. Even after all the hardships she has gone through, I am yet to see her get angry at anyone or lose hope and Faith in Allah (S.W.T.). She believes that no one gains anything by holding grudges and wasting time in self-pity. Instead, she spends her time doing things that she loves the most, which include looking after her plants, cooking, sewing and spending quality time with her family, particularly her two adorable grand daughters, Faiqah and Fadia, who think the world of their “Nanima”. She is always ready to provide a helping hand to whoever shows the need for it and although she is a senior, she would hardly sit and wait for someone to serve her, but instead she herself would willingly stand up and serve others. Many of us must have seen her doing this in our Jamat functions! She is a staunch supporter of our Jamat as she has always been and her advice and contribution in every field has been a great source of encouragement to the officials and members. Her love and respect for the Jamat is such that she makes sure she does not miss any of the Jamat's functions. As a result, she has earned high respect within the community, which is very well deserved. I am quite sure that a person who meets her for the first time would not get the slightest hint that this lady is suffering from a dreadful illness.

In conclusion, I would like to say a BIG Thank You to my Mother for giving birth to me and bringing me up with the utmost love and affection, but I would like to say a VERY SPECIAL Thank You to my 2nd Mother who gave me my Life-Partner. I am Nargis, wife of Ghulamhabib Yakub and I pray to Allah (S.W.T.). to grant both my MOTHERS healthy and prosperous long lives and to give me the strength and ability to serve and care for them as long as I live. Aameen.■

HALIMA

On 24th day of Ramadan 1344 or 7TH April 1926
Eternity did kiss the world and fix
Halima born wailing
just an off-shoot. Tiny, fragile then. Yet Strong she was always from Saa'bereen
With the years passing by, she became a daring young and beautiful tree.
New branches were born. With them she became stronger,
A slender tree stretched into heaven's blue
Her offshoots could doubt not for a flash
colossal love residing in her heart
The hard rains, winds, heavy storms did not avoid her.
After a few heavy thunder storms she lost
over the years few of her beloved and young branches
Ziatun, Sakina, Abdul-Shakoor, Mohammad Shaffi, Rashida.
Halima sobbed inside and a part of her died in pieces
But she found strength in her faith and never faltered
to feed the rest of them with wisdom, kindness.
Always guiding them to grow in right direction.
Her support stayed like a rock where
fountain of prayers and blessings poured through.
No question Halima's taste was in the satisfaction of others.
A true reflection of her soul
Others when looking and admiring
the crown of the Tree saying Masha-ALLAH.
Halima felt proud of her branches and always fulfilled in her faith.
Halima recognized her offshoots to be among the best.
For she had breast-fed not with milk but cream
And that for all time with BISMILLAH.
Always keeping the branches together so that winds
and weather did not separate and weaken them.
14th Dhu'l Hijja 1408 or 29th July 1988 it was when
Her husband Yusuf asked her, kindly wait.
Obedient as always, she watched him step away.
Their years of love and bond
then seemed a single day.
Halima lost her strength but persevered
Continued her deeds she did
Half-limbed enduring her time-space.
Was 19th Jamadil Thani 1421 or 19th September 2000
when Halima left this world in tranquility
INSHALLAH for a better abode
Unknowingly that on 20th July 2001; 243 days later
she would lose yet one more of her beloved daughter Arzan
Aju our beloved sister.
INNA LILLAHI WA INNA ILAIHI RAJI UN.
Halima you were. For us you'll stay for as long as we respire
Our beloved Maa.
I dearly miss you MAA.
We require sap of our faith, belief, teachings through your roots.
I pray to ALLAH s.w.t. to grant our
Late Maa & Bapa, our late sisters Zaituun, Sakina, Rashida, Arzan
and late brothers Abdul-Shakoor, Mohammad Shaffi, Jannatul firdose.
Aameen Ya Rabbul Aameen.

Hussein Kasmani & Family

OUR TRIP TO NMJ – USA FESTIVAL 2002

Compiled By: Sister Mariam Salyani

It was Thursday, Aug 29, 2002 and the meeting place was the residence of Br. Mohamed Goralwalla. We were 20 people including the driver travelling in two cars. One a regular 5 seater Malibu, and the other a 15 seater Van. We left at 10.00 pm after Isha. The gents wanted to be together so they got into the Malibu whereas the rest of us that is the ladies and kids with the driver were in the Van. We were all very excited and the chatter amongst us was non-stop until we reached the Sarnia border. Alhamdulillah, we were given the Green light to enter the United States without any problem.

After traveling for some time, we stopped for a break, whereby the drivers of both vehicles got some time to relax as the rest of us munched on Mirchi Vara Batata, Dar ja Bhajia, Dhokra, cake and cookies. As we moved along there was silence in the cars as all the passengers were fast asleep. Both the drivers continued driving tirelessly with a few short breaks as we carried on.

We were in constant touch with the families in US. A meeting point was arranged where some officials of the US Jamat were waiting for us with snacks and tea. What a relief it was to see some familiar faces after having traveled for almost 20 hours. We freshened up, had something to eat and were off again. We still had another few hours to drive before reaching Minnesota. We had traveled almost 24 hours before we finally reached our destination on Friday August 30 and were welcomed with open arms by all the families living there. There were people who, like us, had traveled from very far just to be together at their second annual gathering.

As the greetings were exchanged, dinner was served. It was a pleasure to see our relatives from Iowa, Illinois, New York, Seattle, Texas and Toronto all together. We were meeting some of them after a long time bringing tears to the eyes of many.

After dinner, Table Tennis and Pool competitions began and NMJ-USA T-Shirts and Caps were launched. Although we were very tired from our long journey, nobody seemed to be in the mood of sleep as we were all very excited to meet each other. We finally had to break the festivities and retire for the day.

The next day, Saturday August 31, after a huge breakfast of Mahamri and Barazi, Machi and Dungri Batata, Cake and Cookies, we all got together at the Mall of America where there was a lot of fun activities planned. The Mall itself is vast with very many department stores as well as Camp Snoopy, a huge indoor amusement park.

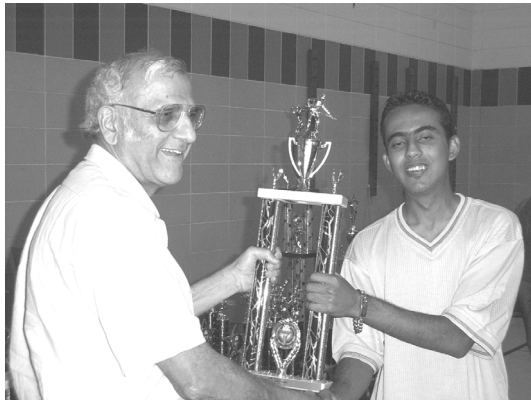


At the Mall of America

Pizza and chicken wings were served for lunch at the Food Court and what a sight – it seemed like the whole Mall was occupied by us Memons. After lunch, a Treasure Hunt had been organized. It was very exciting for majority of us who did not know the Mall as we tried to find the answers and were very happy when our fellow Canadian, Sr. Nargis Yakub and Sr.Naela Bagha of Minneapolis won the Treasure Hunt.

Nobody was keen to leave the Mall, but there were other events still coming up and we headed back to the Centre. The finals for Table Tennis and Pool took place. Our very own Abu Baker Goralwalla won the Pool

Championship and was awarded the Floating Trophy.



Awarding the Pool Trophy

There were a variety of games organized for Adults and Children and later a quiz competition took place between Ladies and Gents with the trophy being won by the Gents. There were presentations by Br. Dawood Harunani, Br. Mohammed Harunani and Br. Yasaa Noorani regarding affordable University education for our youth from Kenya at Winona University. A fundraiser took place after which dinner consisting of Biryani and Ladoo was served. After dinner, the trophies presentation took place and the annual publication of Memon Noor was launched. Later, the Memon National Anthem "Memon Kaum Zindabad" written by Br. Nazir Bachani was presented. After the speeches from the Chairman of NMJ-USA, Br. Hassan Musani and President of NMJ-Canada, Br. Abdulhamid Hathiyan, there was a cake auction and finals for the day, a Volleyball Tournament.



On our final day i.e. Sunday September 1, in Minnesota we all rushed to get our packing done as there was a picnic organized at the Briant Lake Park. We could smell the Bar-b-Que at the park as we arrived.



Barbecue Time

The Gents picked up their talks where they had left off the night before and the Ladies had their own fun playing "Antakshari", "Raasoor", "Anak Manak" and so on.

After lunch, the games continued and the trophies for the Volleyball Tournament were presented. It was time to head back home. The farewell speech was given by the Chairman of NMJ-USA, Br. Hassan Musani. Tears dropped as we said goodbye to each other.



On our way back to Toronto, nobody spoke as we were all filled with emotions knowing very well the few days we had spent together with our families across the border would not be forgotten for a long time to come. ■

With Compliments & Best Wishes to
NASSERPURIA MEMON JAMAT – CANADA

On the Occasion of 2004 Summer Festival

AND

Publication of Second Issue of

An Najm

From

FAMILY OF LATE ABDULRAZAK HUSSEIN SALYANI

With Compliments & Best Wishes to
NASSERPURIA MEMON JAMAT – CANADA

On Publication of the Second Issue of

An Najm

From

FAMILY OF LATE ABDULKADER HAJI KHAMISA BAGHA

IS YOUR GLASS HALF FULL OR HALF EMPTY?

By: Sister Rubina Esmail

That depends on how you look at it. If you see your glass as being half full, you are the proud owner of a **POSITIVE ATTITUDE**, which is a priceless asset. If you see your glass as being half empty – read on!

We make decisions on a daily basis, taking full credit for the good ones, and forgetting to give any credit to our creator; yet, **NOTHING** is possible without His will. What happens, though, when things go wrong? Blame is immediately assigned to circumstances or other people and sometimes, even God. During this whole process of choosing whom or what to blame, not once is any attention paid to our own role in making that “bad” decision. Here’s an exercise: Put up your right hand and point your index finger accusingly at someone. Now look at the rest of your fingers. Shocking, isn’t it? They all point back at you. The moral: We must learn to **TAKE RESPONSIBILITY** for, and **OBJECTVELY** assess, our own actions before accusing anybody else. That is not to say that other people or circumstances do not play any role in our misfortunes; they do, but surely we make choices about our own reactions. There is **ALWAYS** a choice in life and we are usually aware of the choices, and also know instinctively, the most appropriate one. We just don’t **MAKE** that choice, because we are afraid of the consequences. Where is our personal responsibility then?

Taking responsibility forces us to **FOCUS** on things we can change rather than on things we have no control over. If you are pushed into the proverbial “hole”, is there any point in sitting in the hole and bemoaning the person who pushed you in? Absolutely not! Can you do anything at all while you are in the hole? Absolutely not! So what does one do? First, **ACCEPT** that you are in a less than optimum situation. Next, **TAKE RESPONSIBILITY** to change or improve it in whatever way possible. That’s half the battle right there. The uphill part is done. The rest is

easy, as long as you believe in yourself and have faith in your creator.

We waste precious time complaining, whereas the more useful option would be to fix what makes us complain. It’s all in the attitude. We all have, at some point in time, faced difficult situations concerning ourselves, our loved ones, jobs, home, friends, etc. There isn’t a person alive who can claim never to have had a problem. Yet some of us are happy, and others wither away. Why? Because some of us choose to truly accept the will of Allah, be thankful for what we have, cut our losses, and move on. Others allow the negativity to fester, which is self-destructive, and helps to undermine the self.

Something we spend a lot of time discussing is immigration and we tend to second-guess our decision to adopt a new country. It is undoubtedly one of the most difficult experiences in life. It is said that first generation immigrants die younger because of stress. What a “blah” thought – time to move on!! Honestly, though, immigration is a very personal decision. It is not forced upon anybody, except maybe those in life-threatening situations. The average immigrant makes the **CHOICE** of moving to another country for a multitude of reasons. Tremendous obstacles must be faced in the adopted country. But surely, in this age of super advanced technology, there is no excuse for not knowing what lies on the other side. Yes, it is difficult to get a job because you are overqualified/underqualified/lack the much-aborred “Canadian” experience, etc. This is a well-known phenomenon though. Can this be changed? No! What can we control? Our attitudes! What are we doing to integrate into the new society? Have the basics been looked after? Is there anything we can do to improve ourselves? Never kid yourself about the fact that there is **ALWAYS** room for improvement. We all have to be prepared to play the game – to a certain degree. We are not required to leave our principles and values behind; however, we must shed our pre-

conceived notions. Our attitudes and approach must be altered to suit the new environment. I do not mean to minimize the problems faced in making a new life, but come on people, you give some, you get some – it is only fair! And some of us still have a hard time despite doing our best to adapt. So then what? Complaining, my friends, is not going to make these problems magically disappear. As Muslims, we are supposed to say “Shukar Alhamdulillah” for everything, so say that, mean it from the bottom of your heart, and continue making your best efforts, because it is important to take advantage of the opportunities Allah presents to all of us. He shows us the doors, but it is up to us to recognize and open them - “SEIZE THE MOMENT”. What is meant for us will come to us. There is no power that can stop us from getting what Allah has destined for us. It may take time, but it will come – as long as we have faith.

We have become an arrogant people. We truly believe in our own perfection. When we see somebody praying, we quickly assess the position of that person’s hands or feet. It is certainly important to pray in the prescribed manner, but nobody is perfect. WHY FOCUS ON THE NEGATIVE? The fact that this person has taken the time to communicate with his/her creator is completely overlooked. The fact that this person is praying from the heart is deemed irrelevant. Instead of going away from this situation feeling the power of prayer, being inspired, feeling awe at the presence of God in people’s hearts’ – I could go on and on – we go away feeling an unrealistic smugness because we are convinced of our own perfection. Naively, we believe that only our prayers will be accepted because we are performing them correctly. The day we stop doubting ourselves is the day we stop being human.

Nobody is perfect and we all have moments of self-pity. However, when self-pity turns into a persecution complex, there is cause for concern. The journey from “what can I GET out of this situation?” to “What can I GIVE this situation?” is a long and arduous one, but one that we must all endeavour to undertake. As we travel along this road, we grow emotionally, mentally and spiritually and metamorphose into individuals

who are able to share their lives with an open heart and mind as well as a clear conscience. Life is a very simple and beautiful gift given to us by Allah. Complicating it serves absolutely no purpose. Hurts and pains will always be there but it is important not to focus on them. Deal with it in the best way possible, come to terms with it, and then put it behind you where it belongs.

Let us leave the job of judging to Allah for it belongs only to Him. We cannot appear to be better people by putting others down. If we expect to be respected, then we must be prepared to extend respect towards others. If we expect others to tolerate our way of life or habits, then we must be prepared to extend that same tolerance towards others. If we expect to be heard, then we must be prepared to listen. Every relationship is a two way street and as such, in a healthy relationship there is a lot of give and take; but it is okay to give a little more than what we take and if each and every one of us had that attitude... well, it’s a nice thought anyway!!

Quotes have taught me a lot and I’d like to share some of my favourites:

Martha Washington (1732 - 1802)

I am still determined to be cheerful and happy, in whatever situation I may be; for I have also learned from experience that the greater part of our happiness or misery depends upon our dispositions, and not upon our circumstances.

Mark Twain

Clothes make the man. Naked people have little or no influence on society.

Don't go around saying the world owes you a living. The world owes you nothing. It was here first.

Mahatma Gandhi

Freedom is not worth having if it does not include the freedom to make mistakes.

You must not lose faith in humanity. Humanity is an ocean; if a few drops of the ocean are dirty, the ocean does not become dirty.

Kahlil Gibran (1883 - 1931)

You pray in your distress and in your need; would that you might also pray in the fullness of your joy and in your days of abundance.

The significance of a man is not in what he attains, but rather what he longs to attain.

To understand the heart and mind of a person, look not at what he has already achieved, but at what he aspires to do.

They deem me mad for I will not sell my days for gold; I deem them mad for they think my days have a price.

You give but little when you give of your possessions. It is when you give of yourself that you truly give.

Adelle Davis

As I see it, every day you do one of two things: build health or produce disease in yourself.

Robert Heinlein (1907 - 1988), "Job", 1984

The supreme irony of life is that hardly anyone gets out of it alive.

Alexander Graham Bell (1847 - 1922)

When one door closes another door opens; but we often look so long and so regretfully upon the closed door, that we do not see the ones which open for us.

Aasif Karim, ex-Skipper, Kenya Cricket

If I thank God a hundred thousand times each day, I have not even begun to thank Him. ■

With Compliments to:

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On Publication of Second Issue of

An Najm

From

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ISLAM AND YOUTH

The following is an excerpt from a Friday Khutba delivered on March 19, 2004 by Maulana Kasim Ingar at Jame Abu Bakr Siddique Mosque in Scarborough:

In the Name of Allah...Most Merciful...Most Beneficent

All praise is due to Allah Subhanahu Wataa'la, who creates and gives forms, face to His creations. I give witness that no one is worthy of worship but Allah and He has no partner and He guides whom He likes to the straight path. I give witness that Muhammad (SAW) is Allah's believer and prophet and is a leader of all creations. May Allah's blessings be upon him, his progeny and upon his companions.

O Muslims! Islam has given special attention to the youth. Islam has also made the elders responsible for the Iman (Belief in one Allah) of the Youth, and Allah has brought our attention to the upbringing of our youth based on the fundamental respect of Allah and His beloved Prophet (SAW). He has also ordered us to clean their hearts by means of religious knowledge and to be their role model in life. It is also their right that we respect their views and be easy with them in the matters of attitude, social manner, community and religion so that they will not separate Islam from the current worldly situations, but rather keep them together. All of these attention and respect are for the youth since they are the strength and cream of Islam.

We should look at small, yet important saying of our beloved Prophet (SAW), on how we can create an environment of love and respect amongst the elders and the youth. The Prophet (SAW) is reported to have said, "That person is not from us who is not kind to our youngsters and who does not respect our elders". He told the youth to obey the elders and respect them for their age and maturity and he ordered the elders to be nice to the youngsters. Another Hadeeth describes the conversation our Prophet (SAW) had with a youngster, Abdullah Ibne Abbas (RA), which made the thoughts of youth stronger, so that they will carry out all deeds only to please Allah (SWT) and only based on the fear of Allah (SWT) and they will remain away from seeking favors from others.

Abdullah Ibne Abbas (RA) said, "I was riding behind Prophet (SAW) when he said, "O son, let me tell you a few useful things which if you remember and practice then Allah (SWT) will protect you. Obey the commandments of Allah (SWT) and you will find Him right with you. When you ask for something, only ask it from Allah (SWT). When you seek help, seek it from Allah (SWT). You should know that if the whole community was to go together and benefit you or gain profit for you, they cannot do it any more than what Allah (SWT) has written in your fate. If the whole world were to get together and try to harm you or cause any damage to you, they cannot do it any more than what is written for you by Allah (SWT). The pen has been lifted and the book of fate has dried, so nothing is going to change".

Islam has given such guidance to the youth, by which, a good society can be created that set an example to the rest of the world. Addressing the youth, Allah (SWT)'s Prophet (SAW) said, "If you can guarantee me that you will practice six things, then I will guarantee Jannah (Paradise) for you: (1) When you talk, always tell the truth. (2) When you are entrusted with any thing, always return the "trust". (3) When you promise, you fulfill the promise. (4) Keep your gaze low. (5) Protect the private parts of your body; no adultery. (6) Control your hands, meaning do not harm any one or anything with your hands."

O my younger brothers, today we need to follow such a pious example, so that we can become light for others. We must stay away from the waves of idol-worshippers, from bad companions, from humanoid shayateen (devils in the form of men) and from the places where sins are committed. How nice it would be, if we can set good examples by our good actions and manners. How nice it would be, if we can use

new technology wisely (only watch or listen to the programs that will lead us towards good deeds, peace and protection). That is because you the youngsters will be the men of Islam in the future and the flag of Islam will be in your hands.

May Allah (SWT) give us the guidance and may He not let the Shaitaan get close to our Hearts. May He remove our hardships and sorrows. May Allah (SWT) give us the ability to practice His Deen according to the ways shown to us by our Beloved Prophet (SAW). Aameen. ■

ALLAH Subhāna Wa Ta'āla is the Greatest

By: Brother Mohamed Ebrahim Goralwalla

***Allah The Almighty, all seeing, wise;
He has not form or shape or size;
But self existing is our Lord;
Our Allah is just, and loves the right;
The wrong is hateful to his sight;
To all his creatures He is kind;
He gave us reason that we might;
Know good from bad and wrong from right;
This is the first to light our path;
To gain His blessing and avoid His anger;
But gift of reason varies far;
Some wise and others unwise;
Know, that Allah is only one;
And he has no partner, no son or a daughter;
He has made us and everything;
All beasts, all birds that sing;
The Sun, the Moon, the Twinkling Sky;
The Land, the Sea, the Mountains high;
He knows whatever we think or do;
By Him is seen the real fact;
And He does only what He wills;
He makes, He keeps, He saves, He kills;
Forever the same, no Age, no Youth;
He is Supreme, He is truth;***

AN INTERVIEW

On behalf of the Editorial Board of An Najm, **Sister Nargis Yakub** interviewed **Sister Azba Hathiyan**, a young member of our Jamat recently. Here is the full interview:

- Q: Where were you born and how long have you lived in Canada?*
A: I was born in Kenya, and I came to Canada with my parents when I was six years old. It has been 9 years since I've been living in Canada.
- Q: You attend programs organized by various organizations. Do the Nasserpuria Memons in Canada really need a Jamat? Why?*
A: Yes, we do need a Jamat in Canada, because it is the only place where we can meet each other and socialize, as we share the same history and culture.
- Q: On a scale of 1 (lowest) to 5 (highest), how much importance do you give to the Jamat?*
A: I rate it as a 5. It is very important to me.
- Q: What kind of programs or activities do you like the most in the Jamat?*
A: The programs I like most are those that involve the youth and give them a chance to show their talents, which in turn would build their confidence and give them an opportunity to express their opinion. I would also like to see activities that balance both education and entertainment.
- Q: Do you think there is a fair involvement of all the Jamat members, young, old, male and female in all the Jamat's activities?*
A: There is usually a lot more for the youth than the middle-aged members. The Seniors also have their own club, but the middle-aged members usually organize all the programs, yet there is hardly any activity specifically for them, and more so for the women in this age group.
- Q: As a youth what do you think are the 3 most important issues that the Jamat should look into?*
A: I think the Jamat should look into getting all the Nasserpuria Memons involved in all the programs, gather funds to build or buy a community center, and organize more athletic activities involving all the members, particularly the women.
- Q: How often do you think the Jamat should hold programs / activities for its members?*
A: At least once every month.
- Q: What is your understanding of the Jamat's vision?*
A: My understanding of the vision of the Jamat is to unite all the Nasserpuria Memons and establish equal brotherhood.
- Q: Do you think we are on the right path to fulfill the Jamat's vision?*
A: Yes, I think we are on the right track, but it would be better if the women would take some interest and voice their opinion as well, during the process of major decision-making.
- Q: What are your best hopes for the Jamat?*
A: I hope ALL the Nasserpuria Memons in Canada realize the importance of having a Jamat and start participating in the Jamat's activities and programs.
- Q: What are your worst fears for the Jamat?*
A: It sometimes worries me that the young members might not realize the importance of the Jamat; they may lose interest and consider it as one of their lowest priorities. This may lead to future generations going astray, without a clue of their Memon identities.
- Q: As a youth, what is the best advice you can give to the Managing Committee of the Jamat?*
A: They should continuously consider holding a variety of programs that are unique, interesting and captivating.
- Q: How important are the various sub-committees of our Jamat?*
A: They are very important because they help the Managing Committee organize a variety of activities, which would otherwise be an overwhelming task for the Managing Committee.
- Q: What suggestions would you like to give to the various sub-committees to improve?*



Sister Nargis Yakub (on the left) interviewing Sister Azba Hathiyani

- A: I would suggest to all of them to be more organized. To the Volunteers Committee, I would say assign various duties evenly to all the members, rather than having only a number of people doing the same tasks during all the Jamat functions. I would like to suggest to the Sports Committee to listen to the youth's suggestions and hold more athletic activities for both the male and female members of the Jamat. The Education & Community Affairs Committee seems to have organized a lot of activities, but I suggest they organize a youth seminar for students from Grade 7 to University & College Level, where they would be advised on what to expect in high school and university or college. Similarly, they could organize a Career Guidance seminar where some professionals could enlighten the youth on various careers. Last but not the least, the Ladies Committee, as the title suggests, should look into organizing programs to enlighten the women of our Jamat on some religious issues, activities in which the women can express and share their talents and knowledge and most important, physical and athletic activities for the women, for example swimming.
- Q: What message would you like to pass to the general membership of the Jamat?*
- A: I would like to request each and every member to give importance to the Jamat and provide moral support as well as support in terms of time and funds. I would also like to request everyone to participate in the Jamat's activities and not to be afraid to voice their opinion.
- Q: What is your vision of our Jamat 15 or 20 years from now?*
- A: The youth of today will be the leaders; the number of members would have increased and everyone would be participating in one way or another, and we would be holding our programs in our own community center.
- Q: You have won quite a number of prizes and awards in the Jamat as well as outside the Jamat. What do you think is the secret of your success?*
- A: I believe that practice makes perfect. I try to participate in a variety of activities and competitions, because I believe that I have nothing to lose from trying out something new. Each time I participate, I am a step closer to recognizing my talents, my strengths and weaknesses, and it boosts my confidence as well. Of course, I wouldn't have achieved any of the awards without the Blessings of Allah (S.W.T.) and the continuous support and encouragement from my family.
- Q: Is there anything else you would like to mention that we have not talked about?*
- A: I would still like to emphasize on the youth to think of the Jamat as one big family and to take the initiative to come forward and participate in all the activities and contests of the Jamat. If we participate on a regular basis, we will be better prepared and more confident when we face a larger crowd at school or other institutions. ■

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Congratulations & Best Wishes to
NASSERPURIA MEMON JAMAT – CANADA

From

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BLACK SEED AND HONEY AS MEDICINE

Exposing their potential through research

By: Br. Riaz Bagha M. Sc., D.Ch (Foot Specialist, Canada)

Honey has been used as medicine since the ancient times (1). The black seed (botanical name: *Nigella sativa*), also known variously as the black caraway, the black cumin, or in Arabic as *Habba-tu sawda* or *Habbatul-baraka* (the blessed seed), has also been used in the Arabic peninsula, India and the ancient world to treat a variety of ailments.

The healing powers of these two agents can be readily gathered from the Holy Qurans chapter entitled 'Sura-alnahl' with the verses: 'And thy Lord taught the bee to build its cells in hills, on trees, and in (mens') habitation; then to eat of all the produce (of the earth), and find with skill the spacious paths of its Lord: there issues from within their bodies a drink of varying colours, wherein is healing for men: verily in this for those who give thought' and on the advise of our beloved prophet Mohammad rasullulah (peace be upon him) on the use of honey as medicine. For black seed, Abu Huraira (Allah be pleased with him), narrated in the correct prophetic tradition that Allah's Messenger (PBUH) said: "use this black seed regularly, because it has a cure for every disease except death" (Bukhari).

Recent advances in research is providing validity and proof of the miraculous healing powers of these two agents. This article will quote explicit references for Muslim and non-muslim readers wanting to read further on each research selectively and confirm the truth revealed to the muslims approximately 1500 years ago.

In Efem's classic study appearing in the British Journal of Surgery (2), he used honey on 59 patients with wounds most of which were not responding to an arsenal of the most effective wound healing agents (such as Eusol, Acriflavin, Cicatrin, topical or systemic antibiotics) presently available on the market. Fifty-eight cases showed remarkable improvement following topical application of honey (representing a success rate of 98%). Subrahmanyamin two different studies

(3, 4) revealed that burns healed much faster with topical application of honey compared to OPSITE and a much commonly burn healing agent Silver Sulfadiazine. The capacity of honey to heal even deep wounds was in a study on patients with abdominal wound disruption after ceasarian section (5). Infected wounds have been found to be effectively rendered sterile or drastically reduced of infection of organisms, including *Proteus mirabilis*, *Salmonella typhimurium*, *K. Lebsiella aerogenes*, *Bacillus subtilis*, *Shigella boydii*, *Vibrio Pseudomonas*, *Candida albicans*, *Trichophyton rubrum*, and *Aspergillus* species (6, 7, 8, 9).

My research (gratitude to the Michener Institute, Toronto to conduct the study) revealed honey to be antibacterial to penicillin-resistant *Staph. Aureus* and *Strep. Pyogenes*. More recently, the cause of many stomach and duodenal ulcers has been implicated to an organism called *Helicobacter pylori*. As this bacterium was found to be very sensitive to honey, it is recommended that honey by oral intake be used to cure these gastro-intestinal ulcers thus alleviating the need for powerful antibiotics, harmful side-effects of conventional medication and surgery (Peptic ulcers- the healing powers of honey, by Dr. W. Gifford-Jones, >From an article appearing in The Evening Telegram, New Zealand, 1994). Intestinal diseases caused by *Salmonella typhi*, *S. typhimurium*, *V. Cholerae* and *shigella boydii* can be effectively controlled by the use of honey. These findings should invoke no surprise to Muslims, as God's Messenger (PBUH) is reported to have repeatedly advised a man suffering from gastro-intestinal problems to use honey for his ailment. Honey is an excellent food substance containing rapidly absorbable sugars, proteins, minerals, vitamins, amino acids and healing agents. One of these healing components, known as 'Inhibine', gets destroyed when honey is heated (1, 8). God's Messenger (PBUH) often liked to drink cold water sweetened with honey. It is interesting to note that sugar at the same osmotic

concentration as honey is found to be a poor substitute for honey giving very little antibacterial activity. Knowing honey to be such an excellent healing agent and food source, why then is it not being used more extensively by the 'modern' medicinal world? The answer is explained by Laurie Croft (1): lack of profit and commercial exploitation by major pharmaceutical companies which would rather make billions of dollars of profit by their own patented healing agents.

Blackseed too is getting the limelight from the medicine world. Blackseed composition includes amino acids, proteins, carbohydrates, oils (both fixed and volatile), alkaloids, saponins, crude fibre and traces of minerals including calcium, potassium, iron, and sodium. Besides its capacity to reduce inflammation, Improve kidney function, improve milk production in nursing mothers, strengthen the liver and increase the body's resistance against illness, more recent interests of blackseed include its potential for the treatment of bronchial asthma, bronchitis and other respiratory ailments (10), its capacity to lower excess blood pressure and improve heart function (11) and its antimicrobial activity against Staph. Aureus, E. Coli, Pseudomonas aeruginosa, candida albicans and a host of other disease causing organisms (12). One of the most promising findings is the observation by doctors that black seed alone or in combination with garlic is a potent anti-cancer agent! (13). Black seed or black seed oil should be taken in small quantities as larger amounts can irritate the mucosal linings of the digestive tract.

This article lists only a sample of the research being carried out on these two agents. This article emphasizes that 'modern' science must come a full turn in the end and acknowledge to the divine truth as revealed by Allah (glorified be He!) and His Prophet (PBUH). The truth does, and will prevail.

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The Day When Everything Went Wrong

The following essay was submitted by *Aliya Esmail*, who won the 1st Prize in the Upper Primary Category during the Essay Competition in March 2004.

A salaam-aleikum. My name is Aliya. I am 10 years old and in Grade 5. Normally my life is accident free, but I remember one fateful day when everything went wrong - and I mean “everything”!

I woke up with the worst headache in the whole world. I brushed my teeth with my mum’s extra minty toothpaste. Needless to say, I felt my mouth was on fire. I got into the shower and turned on the cold water instead of the hot water. It felt like my brain froze. As I was coming out of the tub, I slipped and landed on my backside - a most painful experience! Later, my friend Bailey called. I took it as a sign of improvement, but no, wait.....

As I was walking to Bailey’s house I noticed that a lot of people were staring at me. I wonder why? If only I knew.....

Bailey offered me a milkshake to make me feel better, but I spilt it all over her carpet! I thought her mom would never allow me to visit their house again! I decided I’d be safer at home. On the way home, as luck would have it, it started raining. I got soaked and was starving. As I dried myself off, my mom made lunch for me. Surely, that was a sign of improvement.... if only! As I carried my plate to the table, believe it or not... yes, on the carpet - again! My mom was raving mad at me. I felt awful! I was praying things would get better but alas, they didn’t!

I retreated to the basement thinking that I couldn’t possibly do any damage there – talk about wishful thinking! Sewing seemed to be a safe activity. I decided to sew a little bag for my mom but ended up sewing it to my pants. After much trembling, I plucked up enough courage to show it to my mom. I think I saw fumes coming out of her ears! Melting into the floor seemed like a good plan! By the time everything was sorted out it was time for dinner.

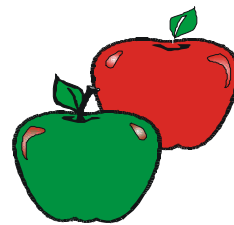
My mom carried my plate to the dinner table this time. I felt like a two-year-old. To make matters worse I spilt my food on my clothes! When I told my mom she yelled at me so loudly that I almost choked on my tears. I thought I had better go to sleep; at least that would be safe! As I was changing my clothes I noticed I had worn them inside out. No wonder everyone was staring at me - how embarrassing! I buried myself under my blanket. I didn’t want to show my face ever again!

Do you see what I meant by “everything” went wrong? Now before going to bed I pray to Allah for a good day and he has listened to me so far. I advise you to say your prayers too!■

RED AND GREEN APPLES

By: Tayba Hathiyan – Grade 3 Student

***Big Red Apples, Big Green Apples
Apples for Snack, Apples for Dessert
Apples are Big, Apples are Small
Apple a Day Keeps the Doctor Away***



Cultural Impact On Islam

*The following essay was submitted by **Ahmed Goralwalla**, who won the 1st Prize in the High School Category during the Essay Competition in March 2004.*

As a result of Islam's rapid spread around the world, it has experienced significant differences in the way that it is both presented and practiced. Because of this rapid spread it is particularly sensitive to cultural deviations in its practice. Islam can be a multifaceted religion, a religion whose specifics can vary somewhat given the cultural influence within which it is being practiced. To understand the cultural influence on Islam we must look at the areas and cultures, which it has influenced. There are a number of examples on a worldwide scale, which illustrate that culture definitely affects the way Islam is practiced but three that stick out are: intertwining of Islam with other cultures, the influence of western culture, and the culture of dress.

The intertwining of Islam with other cultures is growing everyday. The one culture it is most intertwining with is Indian culture. A good example of this would be Pakistan and India where it is a fact that Indian culture is very dominant in Muslim lives. This can be seen in their dress, sources of entertainment, the entertainment industry, the weddings and so on. There is Muslims who don't follow this but a large part of the population is following this day to day. In Canada this intertwining of Indian culture with Islam can be seen very clearly on Eid days where Indian dress is very common.

Another culture that is interfering with Islam is the western culture. The western trend can be seen within many Muslim countries around the world. The cultural domination of Muslims by the west has shattered their confidence in almost the whole legacy of ideas, Islamic and traditional. An example of this would be Turkey where a cultural conflict is taking place. "...the society there is embroiled in a sort of tug-of-war with the ultramodern sectors pulling it towards the West, Europe in particular, while the conservatives, the Islamists, underlining its glorious past, the need for closer ties with the neighbouring Muslim countries and for the retention of the nation's Islamic complexion." (The Cultural Conflict, Syed Arif Hussaini) Hussaini goes on to say that the women "...portray this conflict through the way they dress. In the urban centres, one finds most women in tight, form fitting, figure revealing, dresses. But, even in these centres, one finds a liberal sprinkling of women who cover their heads and shoulders with scarves (hijab) and don up-to-the ankle loose attires." This quote directly shows the fact that western culture has influenced Islam to a degree that there are two different groups, the conservatives and the liberals.

The culture of dress influences the portrayal of Islam significantly, particularly towards Muslim women and this is solely because of hijab. The reasons towards wearing the hijab differ from Muslim to Muslim. An example would be of Turkey where the women who do wear the hijab are classified into two categories: Islamists and village women. "The important difference between Islamists and village women is the reason why they wear scarves. The former cite the Koran or the Hadith as their reason, but the latter usually say, "Because it is tradition." It is doubtful whether they wear scarves as a conscious decision." (Sketches of Turkish Scarves, Nakyama Noriko) This quote clearly shows the difference culture plays on the practice of Islam and how this can be a problem in the future. The veiling aspect of hijab is a whole different story. The concept of veiling also differs from culture to culture. The veiling is supposed to be proper according to Islamic shariah. "One example of defying this may be veiling "halfway", as a veil worn only around the neck or with short sleeves. This practice is often criticized as worse than not wearing a veil at all." (The Meaning of Veils for Converted Japanese Muslims, Nishio, Fumi) As a result of influence from other cultures within Muslim life, women's Islamic consciousness and attitudes toward veiling is influenced by: the relationships between women and their own families, and the social status and education of the husbands. In the case of Pakistan it is "... as a result of influence from

Hinduism, the meaning of veiling in Pakistan is different from that in the Arab world, where more scholarly attention has been focused on the veil.”(The Meaning of Veils for Converted Japanese Muslims, Nishio, Fumi) This quote shows that there are in fact people who do practice the dress of hijab according to Islamic principle although many people do not.

Culture definitely impacts Islam because of cultural deviations that are brought in through other cultures and tradition. Westernization in Muslim lives has had a tremendous impact on Islamic thoughts and practices, which is causing cultural conflicts. The Islamic dress especially hijab is worn with different thoughts and ways rather than according to Islamic ideal, which is due to culture and tradition. Over all of this, however, the creed and the system of Islam continue to stand despite the tremendous cultural insistence on change. Muslims therefore have to work with this as a firm base towards reforming cultural interference and replacing it with the Quran and Hadith. ■

I AM A CANADIAN

By: Sister Azba Hathiyan - Grade 9 Student



*I am a Canadian.
I was one since I arrived,
Despite the harsh winters, I survived.*

*I am distinct because of multiculturalism,
It is my country that is free of racism.*

*Our favourite animal is obviously the beaver,
Our universal healthcare will cure you from a fever.*

*In Canada, Saturdays are definitely our hockey nights,
And freedom is what we're given by the Canadian charter of rights.*

*We have the C.N Tower, Sky dome, and Niagara Falls,
Not to mention, Zellers and Tim Hortons are a part of many malls.*

*The four unique annual seasons we have the opportunity to see,
The multi-coloured leaves, the fluffy white snow, it's all a part of me!*

*Oh Canada! Our home and Native land,
Oh Canada! On guard we'll always stand.*

Ethical Values in Islam

*The following essay was submitted by **Shaheen Bagha**, who won the 1st Prize in the University / College Category during the Essay Competition in March 2004.*

“..This day have I perfected your religion for you...” (5:3). Islam, the religion of submission, the way of life prescribed by Allah (S.W.T.) is a perfection of spirituality attained through morality. Hence the very practice of Islam and the very basis of our beliefs are grounded in ethical values.

Ethical values are a code of conduct that holds together the delicate web of society and as such, are not unique to Islam but penetrate every conceivable institution and every walk of human life. Without ethics, humans cannot function in society and the very fabric of civilization disintegrates. This is because, as humans, we are fallen creatures and mistakes are an inherent part of our nature. For this very reason, when Allah created Adam, Iblis refused to bow before him. Cast out of heaven for his arrogance, he stalks mankind, ever searching for the opportunity to deny us a return to heaven. Hence, to protect us from Shaitan, and guide us on the true path, Allah prescribed the ethical principles which are our shield against temptation. “Did I not covenant with you, O children of Adam! That ye should not serve Satan? Verily, he is to you an open foe;” (36:60). Some may argue that by dint of our intellectual capacities, we do not need exterior regulation. However, history from the time when Adam and Eve were deceived by the serpent, have proven ethics necessary for the metamorphosis of the soul from a crawling self consciousness into the immortal psyche.

Now to explore these ethics of Islam, in order to show the Wisdom of the Almighty, we must explore the reasoning behind them and how they are enforced. The very basis for these ethical values rests in our belief in the unity of Allah (S.W.T.), Prophet Muhammad (p.b.u.h.) and the Day of Judgment when we will account for our deeds in this world. This very shadow of Nemesis, retribution, in the hereafter has been the guiding force for mankind throughout history. This is why the Eumenides in Aeschylus sing that “It is good that fear should sit as the guardian of the soul, forcing it into wisdom-good that men should carry a threatening shadow under the full sun: else how should they learn to revere the right.” It is the fear of eternal hell fire and the wrath of Allah (S.W.T.) that ensures we do not stray.

These ethical values are prescribed in the Quran and the Hadith. They teach us the meaning of humanity by recognizing the importance of a person based on their faith. Even the religious are warned not to forget their fellow brethren especially the needy. “Seest thou one who denies the Judgment (to come)? Then such is the (man) who repulses the orphan (with harshness), and encourages not the feeding of the indigent.” (107:1-3).

Women are treated as humans with rights. No religion before Islam considered the banning of female infanticide neither provided for women through inheritance nor their moral protection, hijab, from base intentions. Husbands are reminded to treat their wives with kindness.

Islam also places an emphasis on honour and integrity. Of the many proponents for this, among the few examples are backbiting, “O ye who believe! Shun much suspicion for lo! Some suspicion is a crime. And spy not neither backbite one another. Would one of you love to eat the flesh of his dead brother? Ye abhor that (so abhor the other) and keep your duty (to Allah). Lo Allah is relenting, merciful.” (26:49). It is considered loathsome for trust is an important part of any relationship and cannot be maintained in spite of backbiting. Yet, incase we fall short and somehow sin, we are reminded of Allah’s mercy.

Among the other examples is hypocrisy where the Quran says “They have made their oaths a screen (for their misdeeds): thus they obstruct (men) from the Path of Allah. Truly evil are their deeds.”(63:2).

Honoring promises is also emphasized, “Come not near the wealth of the orphan save with that which is better till he come to strength, and keep the covenant. Lo! Of the covenant it will be asked.” (17:34).

Even Business is not left without its moral and ethical prescriptions. Business is to be conducted fairly, and no unfair advantage is allowed. In a fast-paced business world, where ethics are represented by impotent words on paper, and the only practice, one of double standards, the wisdom of Allah (S.W.T.) is evident in preventing Muslims from falling into corruption.

In conclusion, ethical values in Islam enter humans into the eternal pledge with Allah. They are the radiance of the soul that distinguishes our humanity from the instincts of beasts reflecting our ability to choose and be loyal to righteousness. ■

WHY IS THE FAMILY SO IMPORTANT TO MUSLIMS?

Submitted By: Sister Halima Goralwalla

The family is the foundation of Islamic society. The peace and security offered by a stable family unit is greatly valued and seen as essential for the spiritual growth of its members. A harmonious social order is created by the existence of extended families. Children are treasured and rarely leave home until the time to marry.

HADITH

Submitted By: Sister Halima Goralwalla

The Prophet S.A.W. said:

- ◆ *God has no mercy on one who has no mercy for others.*
- ◆ *None of you truly believes until he wishes for his brother what he wishes for himself*
- ◆ *He who eats his fill while his neighbor goes without food is not a believer*
- ◆ *The truthful and trusty business man is associated with the Prophets, the saints and the martyrs*
- ◆ *Powerful is not he who knocks the other down, indeed powerful is he who controls himself in a fit of anger*
- ◆ *God does not judge according to your bodies and appearances but He scans your hearts and looks into your deeds.*

From the Hadith collections of Bukhari, Muslim, Tirmidhi and Bayhaqi

With Compliments & Best Wishes to
NASSERPURIA MEMON JAMAT – CANADA
On the Occasion of 2004 Summer Festival
AND
Publication of Second Issue of
An Najm
From
FAMILIES OF
LATE FATEH VARVANI
&
LATE FAZLUREHMAN JIN

With Compliments & Best Wishes to
NASSERPURIA MEMON JAMAT – CANADA
On Publication of the Second Issue of
An Najm
From
FAMILY OF
KHAIRUNNISSA & LATE ABDULKADER JUMA OMAR BHARADIA

ANSWERS TO RIDDLES

1. TIME. We all have limited time on this earth - if we spend our time wisely in performing good deeds, Allah (SWA) will save great treasures for us in the hereafter Inshallah.
2. TRUTH. Many a time the truth may hurt but to conceal one truth may take innumerable lies and it would eventually reveal itself anyway. Consequently, it would be more advisable to standby the truth and the truth alone.
3. DEATH. Now, that is obvious! When one is dead it becomes impossible for him to describe his experience.
4. PATIENCE. We undergo many hardships throughout life. However, we have to realize that Allah is testing us always and the only way to succeed is to patiently bear all that comes our way.
5. WHEN SILENCE IS ENDURED AT TIMES OF INJUSTICE AND OPPRESSION. We should all fight for justice and truth even if it means putting our lives at stake because it is incumbent upon us to demand our rights as MUSLIMS. If we are in anyway restricted from practicing our religious duties freely we are under no obligation to remain patient - for this is not patience but COWARDICE.
6. PIETY. To protect our souls from deteriorating and disintegrating into the evils of our society in which we live, it is imperative that we keep constant in the remembrance of Allah and perform our duties we owe Him to the best of our abilities. A prayer of gratification to Allah for all his blessings upon us would be an exceedingly "healthy snack" for the soul!
7. FAITH. Those of us who have strong faith in Allah (SWA) and strive to worship Him alone are greatly blessed because without His Will, no one is capable of guiding us to Faith.
8. FALSE. There are six articles of faith a true Muslim BELIEVES in yet CANNOT SEE these:
- Allah (SWA); His Angels; His Prophets; His Books; The Day of Judgement; and Al Qadar (Divine Pre-ordainments).
9. KNOWLEDGE. Whoever refrains from parting God-given knowledge to others is in grave error. We can derive a tremendous amount of benefit from passing true knowledge to others of whom in turn may pass it to others to continue the trend. ■

Islamic Rhyme

By: Maliha Varvani

*Born in Mecca
Near the Ka'aba
In the Hands of Amina (R.A.)
In the Month of Rabi-ul-Awwal
In the Year of Elephant*

Health & Household Tips

By: Sister Zubeidabai Yakub

1. When in a hurry, use toothpaste to brush and clean jewelry for a bright shine.
2. When there is an oil drop or spots on clothes, use Talcum powder. First rub powder into stain, then iron to remove it.
3. When coughing occurs, mash two dates and cook in milk and haldi. Drink this remedy for one month to stop coughing.
4. Stickiness can be removed from an iron by heating the iron until it is fairly warm and then ironing some kitchen wax paper. This usually does the trick. The iron can be quite hot without burning the paper.
5. How to get rid of that embarrassing twitch in your eyelid? Pull down the skin below the eye with one finger for a short time until the twitching stops. It works quickly.
6. To keep a Thermos free from odour, just insert a rolled up newspaper and leave overnight. Next morning, it will be nice and fresh and ready for your hot or cold drink.
7. If chewing gum sticks on clothes or carpet or in hair, it can be removed by using ice. If it is a shirt, or jeans, put it in a plastic bag and put it in the freezer. The gum stiffens and it can be taken off easily. If it is the carpet, use ice cubes to stiffen the gum.

RECIPE: HUMPTY DUMPTY CHOCO BARFI

By: Sister Farheen Bachani

INGREDIENTS

- 10 digestive biscuits
- 5 Tbsp desiccated unsweetened coconut
- 5 Tbsp hot chocolate powder
- 30g unsalted butter
- 1 can sweetened condensed milk
- $\frac{1}{2}$ cup crushed nuts (almonds, pistachios, walnuts etc) for garnish.

METHOD

1. Crush the biscuits till they are about half cm in size.
2. Add desiccated coconut and hot chocolate powder and mix well.
3. Lightly grease a 9"x 9" baking dish or a medium size *thalo* and keep aside.
4. In a medium non-stick saucepan melt unsalted butter and add the dry ingredients.
5. Mix well about 5 minutes and then add the whole can of condensed milk.
6. Stir continuously for about 10 minutes or until mixture leaves sides and forms a ball.
7. Place on baking dish and spread evenly. Spread nuts on top and press down.
8. Keep aside to cool.
9. Cut into desired shapes and serve.

Good For A Laugh

Submitted By: Sister Farheen Bachani

New hearing aid

Seems an elderly gentleman had serious hearing problems for a number of years. He went to the doctor and the doctor was able to have him fitted for a set of hearing aids that allowed the gentleman to hear 100%. The elderly gentleman went back in a month to the doctor and the doctor said, "Your hearing is perfect. Your family must be really pleased that you can hear again." To which the gentleman said, "Oh, I haven't told my family yet. I just sit around and listen to the conversations. I've changed my will three times!"

The crowded store

It was the day of the big sale. Rumors of the sale (and some advertising in the local paper) were the main reason for the long line that formed by 8:30, the store's opening time, in front of the store.

A small man pushed his way to the front of the line, only to be pushed back, amid loud and colorful curses. On the man's second attempt, he was punched square in the jaw, and knocked around a bit, and then thrown to the end of the line again. As he got up the second time, he said to the person at the end of the line...

"That does it! If they hit me one more time, I won't open the store!"

My wife is missing

The man approached the very beautiful woman in the large supermarket and asked, "You know, I've lost my wife here in the supermarket. Can you talk to me for a couple of minutes?"

"Why?"

"Because every time I talk to a beautiful woman my wife appears out of nowhere."

How much will this cost me?

Patient: *How much to have this tooth pulled?*

Dentist: *\$100.00.*

Patient: *\$100.00 for just a few minutes work?*

Dentist: *Well, I can extract it very slowly if you like.*

Getting into fights

They were married, but since the argument they had a few days earlier, they hadn't been talking to each other.

Instead, they were giving each other written notes.

One evening he gave her a paper where it said:

"Wake me up tomorrow morning at 6 am."

The next morning he woke up and saw that it was 9 o'clock.

Naturally he got very angry, but as he turned around he found a note on his pillow saying:

"Wake up, it's 6 o'clock!"

My wife is pregnant

A man speaks frantically into the phone, "My wife is pregnant, and her contractions are only two minutes apart!"

"Is this her first child?" the doctor queries.

*"No, you idiot!" the man shouts. "This is her *husband*!"*

ISLAMIC WORD SEARCH

Submitted By: Sister Farheen Bachani

Words in the diagram read forward, backward, up, down, and diagonally, and always in a straight line. Circle each work when you find it and cross it off the list. Words will often overlap, and some letters may be used more than once. Not all of the letters in the diagram will be used.

ABLUTION
ADHAAN
ALLAH (S.W.T.)
DHUL HIJJA
EID UL ADHA
EID UL FITR
FASTING
GOOD DEEDS
HADITH
HAJJ
IBLIS
IMAAAN
ISLAM

ITTIQAAF
JUMAAH
KAABA
LAILATUL QADR
MILAD UN NABI
MOSQUE
MUHARRAM
MUSALAH
MUSLIM
NAMAAZ
PRAYERS
PROPHET MUHAMMED
(S.A.W.)

PROPHETS
QURAAN
RABIUL AWWAL
RAMADHAN
SAFA MARWA
SAUDI ARABIA
SURAH FATIHA
TARAWEH
TAWAAF
TAWHEED
UMRAH
ZIYARAH

L	A	I	L	A	T	U	L	Q	A	D	R	A	B	F	A	S	T	I	N	G	C	R
P	D	E	F	G	A	H	I	J	K	M	L	A	N	P	Q	A	S	A	T	V	W	A
R	R	X	Y	Z	W	A	P	D	E	E	H	W	A	T	B	U	C	E	D	F	H	B
O	G	O	I	K	A	L	R	H	U	I	A	R	S	A	X	D	M	G	K	E	F	I
P	I	O	P	L	A	L	A	U	S	L	L	A	L	R	L	I	I	H	A	R	M	U
H	P	K	J	H	F	N	Y	L	U	B	A	M	B	A	B	A	L	S	A	S	I	L
E	X	Y	Z	A	E	O	E	H	R	O	S	A	A	W	H	R	A	H	B	J	L	A
T	I	K	L	J	O	T	R	I	A	P	U	F	D	E	Q	A	D	Q	A	Q	S	W
M	L	F	Q	J	W	E	S	J	H	R	M	A	T	H	Y	B	U	U	H	I	U	W
U	O	A	P	A	U	S	D	J	F	F	G	S	A	H	J	I	N	K	A	L	M	A
H	Z	A	C	V	V	M	B	A	A	N	S	D	M	J	G	A	N	G	L	A	G	L
A	U	Q	E	B	X	U	A	Z	T	X	I	I	W	W	H	J	A	O	L	P	E	S
M	O	I	I	K	K	H	J	A	I	T	K	F	L	A	L	K	B	S	A	M	I	D
M	N	T	D	O	P	A	Q	R	H	S	T	U	R	B	V	W	I	X	Y	Z	D	E
E	H	T	L	K	K	R	L	L	A	M	N	A	O	L	I	P	M	O	S	Q	U	E
D	B	I	U	N	D	R	S	T	Y	U	Y	Z	X	U	C	B	A	N	M	O	L	D
P	Q	W	A	F	A	A	R	D	I	I	A	G	F	T	A	I	A	Q	A	H	F	D
Y	Z	R	D	N	A	M	A	A	Z	W	Z	X	C	I	B	N	N	G	P	Q	I	O
L	U	M	H	A	B	I	N	G	V	X	Z	W	Q	O	N	M	N	M	S	S	T	O
Q	Q	M	A	T	N	M	K	L	A	D	H	A	A	N	A	H	D	A	M	A	R	G

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